

5M9 Service Journal

Inside This Issue

DG Tom	2
VDG Rose	3
2nd VDG Sandy	4
Club Activities	5-7
Upcoming Events	8-12
Leader Dog	12
Contests / Awards	13-14
Convention Form	15
DG Tom Visit Form	16
Diabetes	17
DG Travels / Contact Info	17



DISTRICT GOVERNOR—TOM PLAGMAN

We Serve



President's Message

Dear Lion,

It's an honor to work alongside Lions like you who are changing communities and the world every day. Throughout more than 40 years as a Lion, I have witnessed how the Power of Service enables Lions to meet any need and overcome any challenge.

That's why Lions have focused our attention on diabetes—a disease that impacts over 420 million people and claims the lives of five million people every year.

As Lions, we have the power to make a difference and stop the rise of this epidemic. By making diabetes our new global service focus, we have committed to not only supporting those affected by diabetes, but to raising awareness and creating a global brand of diabetes expertise. And it all begins with you.

Educate yourself and your club about the impact of diabetes in your community. Invite medical professionals to speak at your meetings and reach out to friends and neighbors with diabetes. With an increased understanding of the disease, you'll be ready to identify and address unmet needs in your community.

Diabetes is a global humanitarian crisis. And we can be part of the solution if each of our 1.4 million Lions commits to playing a small but important role in our new signature cause. I look forward to working with you to tackle our greatest challenge yet.



Sincerely,

Dr. Naresh Aggarwal

Your International President



To follow my travels around the world and see our global service in action,

[Follow me on Facebook.](#)



District Governor Tom Plagman

I have been told that if I were to attend only one larger event in Lionism that it should be the USA/Canada Forum. I feel that this is a true statement. For overall quality of programming and variety of experience these forums are hard to beat. This year's forum had over 80 sessions that varied from Leos to advanced leadership events. All of which were led by a quality teaching faculty.

Oh yea, and it is in a different city around the US and Canada each year. Last year's forum was in Omaha, Nebraska. This year's Forum was in Portland, Oregon. What a neat city to visit. In the beauty of the Pacific Northwest, Portland offers a wide variety from a vibrant downtown and majestic neighboring Mountains Hood and Rainer that can be seen from the city center. The city has majestic fir trees and was once home to Douglas fir trees.

Our first speaker was former astronaut and International Space Station commander Leroy Chiao. He told stories of his many years in NASA and on both US and Russian missions and space crafts. Dr. Chiao holds appointments from Rice University and Baylor College. He provides keynote speeches and management training to companies and schools.

We also heard from Jen Bricker, a 30-year-old woman who was born with no legs. Her story was one of perseverance and persistence. Instead of living a life of hardship Jen lives by one simple rule, "Never say can't". She was obsessed with gymnastics and went on to compete against able bodied athletes and become a State Champion in power tumbling. She talked about what one could accomplish and challenged us to be our best.

The speaker at our Saturday night banquet was Willie Jolley, a nationally renowned motivational speaker whose talent and dynamic speaking style got the whole banquet hall fired up. Dr. Jolley's presentation was Goals: Dreams With A Deadline.

The seminars offered a lot of information on attracting youth, technology, communications and how-to's on leading our Lions organization into the next century with the new strategic plan, LCI Forward.

We were hosted in excellent facilities in downtown Portland. Our hotels were neat and accessible. The MAX rail system moved us all over the city effortlessly. The convention center was beautiful in style and very functional in layout and operation.

If you are interested, next year's Forum will be in Columbus, Ohio. I hope you can make it.

Have a great day!

District Governor Tom

HMMMM.
My District Governor Tom must be here somewhere. I sure wish I could find him. Maybe I should ask someone if they have seen him.



Right: Gavin Gavel continues his search for DG Tom .

SOW THE SEEDS OF SERVICE

PRAISE—ENCOURAGE—EDUCATE—HAVE FUN



1st Vice District Governor

Rose Puckett



It's October and time to put things to rest for the winter. What am I saying? Lions never rest – we ROAR all year long!

Recently I read an article by Seth Gordin referring to the decline of service clubs and I would like to share a few of his thoughts on the subject.

There is nothing more American than a service club. They make communities stronger, more interesting, and more engaged. Once the backbone of community life in America, there has been a significant decline over the past 2- 3 decades. In fact, overall by 58% in the period of 1975-2000. This decline represents tangible loss to community.

Many Lions Clubs shoot for short term quick fixes such as membership drives. However, the issue is not just recruitment but retention.

Is the format of our club outdated? Are meetings productive? Are the rituals in our meeting making sense to younger members? Is the structure of our club meetings an obstacle to involvement? Do our Lions clubs offer a family friendly environment?

Emerging generations may want meetings to be fundamentally social, fundamentally conversational, and fundamentally less formal.

People gravitate to places containing others who awaken their curiosity, challenge them to think and learn, and encourage openness to new, inspiring ideas and alternatives. Not always easy when we have 100 years of tradition behind us. Yet, by being open to change, maybe we can navigate a path to securing our survival. Food for thought!

Have a wonderful October,

1st Vice District Governor,

Lion Rose Puckett

Gee Gavin Gavel, I know I have seen him here somewhere but I don't know where he is right now.

Good Luck. I hope you find him soon.

**Hello Lion Laurie,
Have you seen DG Tom?
I can't find him anywhere but I saw his name on the head table here at the Zone 7, 8, 9 Fair!**





STRAIGHT SHOOTING FOR LIONS

2ND VICE DISTRICT GOVERNOR
SANDY REMINGTON



Fall has arrived and Mother Nature is playing with her yo-yo. We watch as earthquakes shake Mexico to the south and hurricanes rip through the Atlantic. Many of us have opened our hearts and wallets to help LCI send support to those affected by these tragedies. We need to continue with whatever we can.

In addition to supporting others, please remember to take care of yourselves. Without you here, you won't be able to help others. Flu season is soon arriving. Flu shots are available. If you are able, get vaccinated, wash your hands often and get plenty of rest.

With the coming of fall, another reminder is that we have not had a killing frost yet and the ticks are still out. Many people will be in the woods soon with hunting season starting. This one hit home with me this month. A family member began getting weak and having a lot of back pain. Because of age, doctors feared we were looking at some major problems. We discovered the culprit was Lyme Disease. Improvement is starting and recovery is promising. If you start feeling weak, tired, achy, and can't account for it, ask for a Lyme's test. It may not announce it's presence with a rash. It didn't this time. If caught early enough, complete recovery can be achieved with antibiotics. Left unchecked, it can cause permanent heart, lung and nerve damage. Take care of yourselves. Then, help us serve others.

**Yours in Lionism,
2nd VDG Sandy Remington**

Gosh Gavin Gavel, I haven't seen him anywhere in Dalton. I guess he is missing the fun. You should be sure to enjoy yourself though.

Excuse me Lion Jerome. I am looking for my DG Tom. Have you seen him here at the Dalton Threshing Show?





Above: The **Riverside Fergus Falls Lions & Underwood Area Lions** joined forces to help out at **Walmart Wellness Day** in Fergus Falls. They directed shoppers to the wellness booth for screenings or the pharmacy for flu shots. 39 people were screened for Blood Pressure and Glucose, 35 BMI screenings and 11 flu shots given. There were no referrals needed. It was a great day and everyone is looking forward to helping again in January! Volunteers were Cesca Vogel, Norma Worden, & Tracey Buhl of Underwood and Ginny Paulson, Bonnie Stevens, (not pictured) Keith Lillis, Angie Hauge, & Scott Hauge with Leader Dog Travers of Riverside Fergus Falls.

Below: **Underwood Area Lions** Tracey Buhl and Cesca Vogel took a drive to Vergas to help the **Vergas Lions** out with a little bar tending. The granddaughter of Vergas Lion Eloise Maneval got married and when Vergas Lion April Anderson-Wurst asked the sisters from Underwood for a little help they jumped right in like it was the pool at MidWinter, feet first and making a big splash! It is always fun when Lions extended family get together! L-R: Roger Meyer, Judy Meyer, Rodger Palmer, Cesca Vogel, April Anderson-Wurst, Tracey Buhl & Eloise Maneval.



C
l
u
b
A
c
t
i
v
i
t
i
e
s

September 1st
Cormorant Lions
and members of
the **Cormorant
Lutheran Church**
joined forces for 1
1/2 hours and
harvested 25
bushels of apples
for the **Detroit
Lakes Food Shelf.**



Right: **Park Rapids
Lions Mike
Berneck and
Richard L.**
administer a
vision test at the
Senior Fair



Below: The **Deerwood Lakes Lions** attended the **Zone 1, 2, 3 Fair**
August 29th. They again had the greatest percentage of members
attending so were able to retain the large stuffed lion “trophy”.
Pictured L-R: Front—Lions **Diann Bates, Cecil the Lion, Kay Bendorf,**
Donna Sapa, & Harriet Stelflug. Back—Lions **Nancy Campion, Linda**
Altergott, Linda Dooyema, & Cathy McDougal.



Below: **MN Lions Vision
Foundation** co-chair **Mike
Berneck of Park Rapids
Lions** is pictured with a
local woman who received
a **Park Rapids Lions
Reading Machine.**



Below: The **Deerwood Lakes
Lions** had a “**Style Show**” at
their **Membership Meeting.**
The fashions were collected
from their **Annual Rummage
Sale** during **Deerwood
Summerfest.** These classy
models are **Lion Donna
“Night Life on the Beach”
Sapa, Lion Harriet “Injured
Beach Bum” Stelflug,** and
guest **Kathy “Mis-il-aneous”
Novak.**





Left: The Lions Reading Program recently presented Lynn Brand with a Helen Keller Award for her years with the Reading Program as a reader and the scheduler of readers as well as a board member. Presenting the award is Lion Burke Almquist, Riverside of Fergus Falls Lions and chairman of the Lions Reading Program.



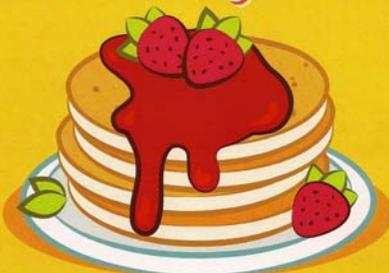
Above: Zone 6 Chair Jamie Huttenen was visiting the Osage Lions as Mini Larson was being installed as a new member in the Osage Lions Club. L-R: Jamie Huttenen, Mark Larson (sponsor) Mini Larson & Membership Chair Jerry Gorden.

Below: The Garrison Lions commemorated the Lions International Centennial on August 27th with an Ice Cream Social at The Coffee Cabin in Garrison. Free Ice Cream Floats were given out and the Lions had a fun time taking pictures on the “Big Chairs” that were built specifically for the celebration. Pictured L-R: Steve Jensen, Jim Corey, Diane Corey, July Bremer, Bob Ensminger, Co-President Lynn Bremer, Mike Hodge, Co-President Dick Gatz, Karen Hodge, & Kay Rocheford.



Left: The Cass Lake Country Lions served Root Beer Floats to 300 bicyclists when they stopped in Cass Lake on August 24th. The cyclists were part of the Bicycling Around Minnesota (BAM) 2017 Tour. The tour began in Walker, Minnesota and continued to Bemidji, Park Rapids and Staples before ending in Walker. The 2 young volunteers above directed cyclists to Lyle’s Logging Camp and Museum where they were invited to tour while they enjoyed their treats.

HARVEST MOON
PANCAKE
Breakfast



\$8 for Adults
\$6 for Children
9am-11am
October 7th, 2017



DETROIT LAKES LIONS
PICNIC SHELTER BY PAVILION



DETROIT LAKES LIONS



9-11:00 AM

OCT. 07, 2017
REGISTRATION
7:45 - 8:45 AM

A HARVEST MOON

5K FUN WALK/RUN 9:00 A.M.

Dress up in a costume Themed, "A Harvest Moon"

All participants receive a complimentary Pancake Breakfast!

Cost for participating - Students \$15 - Adults \$20 by October 1, 2017 after \$25

Call to register 218.846.1949 or 218.234.9048 or email mariradke@gmail.com

Send: Name, age, address, cell & money to Detroit Lakes Lions, PO Box 1512, DLMN 56501

Meet by Lion's picnic shelter by Pavilion - D.L. City Park



DETROIT LAKES LIONS PRESENTS:

A Harvest Moon Festival

BEER TASTING FEST

October 7, 2017 • Shorewood Pub
4:00 pm - 8:00 pm

\$15 Ticket

- Silent Auction
- Beer Cart Raffle & Wood Frame Cooler Raffle & more!
- Fish Fry available (additional charge)



a DL Lion's Fundraiser - Donations go to local charities and eyes for Mexico



Sponsored by Detroit Lakes Lions Club
Email: lionsclub.detroitlakes.mn@gmail.com



We Serve

ZONE 2 FALL MEETING

OCTOBER 25, 2017

The "Y" Club, Garrison MN

Hosted by Garrison Lions

5:00 SOCIAL – 6:30 DINNER

Order off the Early Bird Menu (\$12.95)

PLEASE NOTE: Clubs RSVP required, by October 18th

To-Zone Chair Tom Brand 218-927-6419 brandsmallengine@gmail.com

SPEAKER: our very own International Director Bruce Beck

Come; Join in the fun and games. Cake walk, 50/50, and more!



BLUE MOUND TURKEY DINNER

HOSTED BY THE
HACKENSACK LIONS

THURSDAY, OCTOBER 5TH

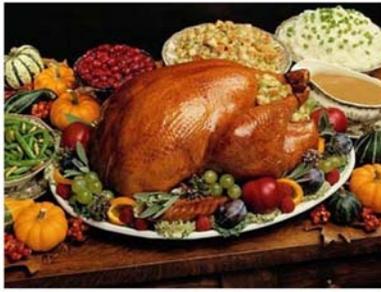
4:00 - 7:00 PM

At the Hackensack Community Building

Adults - \$10 in advance, \$12 at the door

Children 3-12 - \$5.00

Under 3 - No Charge



Sebeka Lions October Fest

Polka band in the afternoon

DJ in the evening

Where: Sebeka Event Center

When: October 14, 2017

Time: 2 pm - 12 am

Meal Time: 4 pm - 8 pm



You're invited to the

5M9

Mini-Forum

Where: The Centre -
Brainerd Senior Center,
803 Kingwood St,
Brainerd, MN 56401

When: October 8, 2017

Time: Gathering - 2:30 pm
Program - 3:00 pm

Welcome by District Governor
Tom Plagman

Introduction of Program Speaker—
IPDG Dick Stebbins

Program: PCC Todd Neumann—
5M Global Membership

Team Liaison

District Awards

Lunch served

5M9 LIONS FALL CONFERENCE



OCTOBER 15TH

12:30 GATHERING

1:00 TO 3:30 SEMINARS



WADENA HIGH SCHOOL, WADENA, MN

Four Great seminars, update on the PID Brian Sheehan campaign for 3rd International Vice President and an International Update from ID Bruce Beck.

Seminar #1 – Everything you ever wanted to know about your International Foundation, LCIF. Presented by LCIF Chairs, Larry Novak, Zelda Novak and Diann Bates.

Seminar #2 – How to get new members and just as important, how to keep the members you have. Presented by GLT Coordinator Les Swift.

Seminar #3 – Finding leaders for club offices, Committee Chairs and other leadership positions. Presented by GLT Coordinator Jay Norby.

Seminar #4 – Sharing ideas for Legacy Projects and other Service Projects. Presented by GST Coordinator Rodger Palmer.

Wrap-up – Updates on Lions International and PID Brian Sheehan's Campaign. Presented by ID Bruce Beck and PCC Bert Nelson.

Seminar #1 – 1:00 pm to 1:45 pm Seminar #2 – 1:00 pm to 1:45 pm

Seminar #3 – 2:00 pm to 2:45 pm Seminar #4 – 2:00 pm to 2:45 pm

Wrap-up 3:00 pm to 3:30 pm

Beverages and snacks will be provided



**GET A JUMP ON HOLIDAY SHOPPING....
 BUY SOME GOODIES FOR THE DEER HUNTERS
 AT THE BACKUS LIONS
 HOLIDAY CRAFT AND BAKE SALE
 8—NOON, SATURDAY, NOVEMBER 4, 2017
 BACKUS CITY HALL just West of Hwy 371.**



Many beautiful, handcrafted items and homemade baked goods for sale. Raffle tickets for some wonderful items will be sold. Enjoy a cranberry muffin with butter sauce, coffee and cider while you shop and visit with your neighbors or making new friends. Proceeds will benefit the philanthropic activity of the Backus Lions including High School Scholarships, food shelves, Christmas for Kids, Relay for Life, Service Dog Organizations, local schools, nursing homes, fire departments and first responders.

The Backus Lions are always looking for new members who would like to help the local community. Contact the Craft and Bake Sale workers for information.

Vergas Lions 50th Anniversary Raffle

Drawing to be held Jan 19, 2018 at Vergas Event Center

1st Prize - 2017 Ice Castle Fish House
 model 6.5 X 14 Special



2nd Prize - ION Electric Ice Auger
 3rd Prize - Vexlar FL8 Flasher

Winner is responsible for any application fees or taxes
 Need not be Present to win
 Must be 18 years of age to purchase ticket or win prize
 All proceeds for Lion's Community Projects

Tickets \$10.00 each
 Only 2,500 sold
 Available from Vergas Lion's Members
 And various Vergas Businesses

Sponsored by
 Vergas Lions Club

License number X-07445-18-023



**AITKIN LIONS
 FALL SALAD
 LUNCHEON**

**NOVEMBER 2
 11:00 am—1:00 pm
 @**

**Aitkin Forty Club
 Convention Center**

**Variety of Salads,
 Soups, Desserts &
 Beverage
 \$8.00**

Door Prizes also!

Join the Fun



~ Drink For A Cause ~

SAVE the DATE!

WEDNESDAY, OCTOBER 4
*** 6:00 - 9:00 P.M. ***

@ NORTHGATE BREWING 783 HARDING ST. NE
MINNEAPOLIS, MN 55413

** a portion of the proceeds from the evening will be donated to Can Do Canines**

Check us out! www.can-do-canines.org

Can Do Canines ASSISTANCE DOGS

Food Truck
K-Town
Street Food

NORTH GATE BREWING



LEADER DOGS
FOR THE BLIND

Hello fellow Lions. This is from Dennis Breitzman of the Vergas Lions and Paul Roth of the Baxter Lions. We are the new project co-chairs for the Leader Dog program in District 5M9. Lion Dennis will be working primarily with the clubs in the western half of the District and Lion Paul will work with the clubs in the eastern half, although either of us will be available to any club in the District as needed.

We are both excited about working with the Leader Dog program but we are also both new, so it is taking a little time to get our feet on the ground and get running. We have great support from District Governor Tom Plagman,

State Leader Dog Chairman Bunny Talbott, former District co-chair Dick Kimball, and the Leader Dogs for the Blind organization, so we are hopeful the transition will be a smooth one.

Since we were not as prepared for the Zone Fairs as we might have been, we want to provide you with our contact information:

Dennis Breitzman

dennybreitz@gmail.com

701-202-6337

Paul Roth

proth@brainerd.net

218-828-4689

Please contact us with any questions or comments you might have regarding the Leader Dog program, or if you would like us to make a club visit. We look forward to meeting you all.

Lion Dennis and Lion Paul

Centennial Public Relations Contest

Lions Clubs of MD5M January 1, 2017-December 31, 2017

District _____ Club _____ Date of Event _____
Event _____

Place an X over the area your event qualifies:



If your event does not fit one of the above areas, where would you classify it?

Number of Club Members _____ Number of Members who participated _____

Approximate number in attendance/number affected by this Event: _____

Explanation of Event:

What benefit did this project have to your community?

How did this event publicize Lions and our 100th Anniversary (Anniversary must be publicized)?

**** Attach only 1 picture page**

Contact person for this event: _____

Phone Number: _____ Email: _____

Does your club have a Lions sign in your town? ___Yes ___ No

Have you refreshed your Lions sign- a new one or a new decal for our 100th? ___Yes ___ No



Please submit to your District PR Chair before January 1, 2018. Clubs may enter more than once.

Tracey Buhl—5M9 Newsletter Editor / PR
28000 Redhead Drive
Underwood, MN 56586

OR 5m9newsletter@gmail.com

MD5M Centennial Public Relations Contest

Contest Guidelines:

This PR Contest is to promote Lions and the 100th Centennial Anniversary. Every Club is invited to participate. Small & large Clubs have equal chance to win.

If more space is needed on the application please attach another page.

Districts will each award a winner who will receive a plaque at MD5M Convention 2018. An overall winner will be chosen from the 12 District winners and will be announced at the MD5M Convention. The top winner will also receive \$500.

Contest Dates: Jan 2017-Dec 2017

Application is on the previous page.

LION BRIAN SHEEHAN
3rd International Vice President



Campaign Buttons
\$ 2.00

Contact:
PDG Linda Albrecht-Norby
pdglinda@gmail.com
218-346-3200

NEW 5M-9 Club President of the Year Award

in honor of LION BRUCE BECK, the 1st International Director to come from District 5M-9.

The Past District Governor's (PDG's) and their Association, best known for the Midwinter "Service of Remembrance.", as Lions with a great deal of experience, are often called upon to advise and sometimes lead programs and projects upon the wishes of the District Governor. The Past District Governor's Association, at their 2017 Midwinter meeting, voted to establish a new award of recognition in District 5M-9. The award first recognizes one outstanding Club President from the previous year, and secondly recognizes ID Bruce Beck as "one-of-our-own",

The said award shall be presented for the first time at the 2018 Midwinter Convention of 5M-9 based upon the President's term of service for the prior year, and at succeeding Midwinter Conventions of 5M-9.

AWARD PROCESS:

1. Nominations for the President of the Year Award shall come from local Lions Clubs who have nominated their President for the award. It will be due in the hands of the current PDG Assn. President by October 1st preceding the Midwinter Convention of 5M-9.
2. Nominations shall be for the first year (or term) of a local Club President.
3. Criteria for the award shall include:
 - a. Membership growth for the President's year of service
 - b. Increase in club awards for the President's year of service
 - c. Management of club fiscal and human resources
 - d. President's representation at key Lions leadership events
4. The selection committee shall be comprised of from 3-5 members of the PDG's Assn.

Applications for this award will be sent to Club Presidents and Secretaries.



5M9 Mid-Winter Convention

January 5, 6 & 7, 2018

Shooting Star Hotel & Event Center, Mahnomen, MN

Official Hospitality Book Order Form for 5M9 Mid-Winter Convention 2018 at Mahnomen. Each Lion, Lioness, Leo and Guest must fill out this form completely and return with a check made out to the "2018 - 5M9 Mid-Winter Convention" for registration or individual meal ticket(s) requests.

PLEASE PRINT CLEARLY:

(Please Circle One) Lion Lioness Leo Guest

Name: _____ Club Name: _____

Address: _____

City: _____ Prov/State _____

Telephone: _____ E-Mail: _____

2018 Lions Title: _____

- Check if this is your first 5M9 Convention
- Check if you require Handicap Seating
- Check & List if you have Dietary Needs _____

Full Hospitality Book:

Includes All Meals, Entertainment, Mid-Winter book & Pin.

First-Timer Cost until Dec. 1, 2017 \$65.00 _____

Cost Until Dec. 1, 2017 \$69.00 _____

Cost After Dec. 1, 2017 \$75.00 _____

Total Amount: _____

Individual Meal Tickets:

Registration Fee: \$10.00 _____

Saturday Breakfast: \$15.00 _____

Saturday Lunch: \$20.00 _____

Saturday Banquet: \$30.00 _____

Sunday Brunch: \$20.00 _____

Total Amount: _____

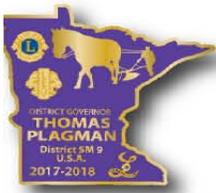
Room Rates for the Convention will be \$84.50 (including tax). _____ Friday Night _____ Saturday Night

Number of Nights stay _____ X \$84.50 = _____

Please mail this form & your Check to:

2018 Mid-Winter Convention
 C/O PDG Rodger Palmer
 1025 E. Scharf Ave.
 Vergas, MN 56587

We have the capability of accepting Credit Cards for payment of rooms and Convention Books



District Governor Tom's Visit Request
2017 - 2018
tplagman@hotmail.com



Club Name: _____

Club Location: _____

Address: _____

Dates for Club Visit: 1st Choice: _____

2nd Choice: _____

Time Club Meeting Begins: _____

When does your Social Hour start: _____

Do you have a Board of Directors Meeting: Yes _____ No _____

Would you like the DG to attend your Board of Directors Meeting: Yes _____ No _____

Will you have a meal? Yes _____ No _____

Are there other Lions, Lioness or Leo Clubs involved for the DG visit? Yes _____ No _____

Please list the other Clubs: _____

Lion, Lioness, or Leo requesting the Governor's visit: _____

Club contact telephone # _____ Email address _____

Will the Governor be expected to install officers: Yes _____ No _____

If yes, please send the names of the new officers. If inducting new members, please have the LCI New Member Kit with Pin and signed Certificate.

Will the Governor be expected to give out awards to club members? Yes _____ No _____

If yes, please send an additional letter stating the awards and the names of those receiving the awards. (Please have awards, certificates, pins, or changes in installation or inductee ceremony available when we arrive for the Governor's visit.)

I look forward to coming and visiting with your club!!

Please mail this form to:
38292 Deer St.
Aitkin, Mn 56431

25 Ways to Support Diabetes in Your Community



Looking for a way to start impacting diabetes but don't know where to begin? We've got you covered. Download [25 Diabetes Project Ideas](#) for a list of service projects that can help any club anywhere get started. Plus, you'll earn special Centennial Service Challenge recognition when you report your diabetes service project on MyLCI. Download the project ideas today to get started!

Impact Diabetes this November

The fight against diabetes isn't just our new global service focus, it's also a part of the Centennial Service Challenge. The **Worldwide Week of Service to Halt Diabetes this November 13-19** is the perfect opportunity to raise awareness of diabetes throughout your community. There are so many ways to support your friends and neighbors who have been affected by this global epidemic.



Visit the [Worldwide Week of Service to Halt Diabetes page](#) to learn more and start planning your service project today!

DISTRICT GOVERNOR TOM'S CALENDAR

OCTOBER

3—Gateway Lions Visit Menahga
5—Riverside Lions & Elizabeth Lions Visit
8—5M9 Mini-Forum @ Brainerd Sr Center
9—Pequot Lakes Lions Visit
10—Perham Leos Visit (AM)
10—Bay Lake Lions Visit (PM)
12—Perham Lakes Lions Visit
15—5M9 Fall Conference @ Wadena
16—Garrison Lions Visit
17—Aitkin Lions Visit
20—VDG Training @ Mahnomen
21—Council of Governors Mtg
23—Bluffton Lions Visit
24—Park Rapids Lions Visit
25—Zone 2 Mtg @ Garrison
28—Thanksgiving for Vision

29—Cabinet Mtg @ Bluffton

NOVEMBER

1 -Zone 3 Mtg @ Pine River Am Leg
1—Zone 6 Mtg @ Sebeka
8—Walker Lions Visit
9—Dent Lions Visit
13—Cormorant, Lake Park, Callaway,
Dunvilla 4 in 1 Lions Visit
15—Pelican Rapids Lions Visit
16—Cuyuna Range Lions Visit
17-19—5M13 Midwinter Convention
@ Winkler, Manitoba
20—Sebeka Lions Visit
21—Hackensack Lions Visit
27—Cass Lake Lake Country Visit
28—Laporte Benedict Lions Visit

Please submit stories and photos by the 15th of each month for the following months newsletter.

When possible, send photos in jpeg format and articles as a word document.

Use of pdf is also acceptable.

Contact me for assistance or with questions.

Thank You

Tracey Buhl

5M9 Service Journal



This publication is of, by, and for the Lions, Lioness, & Leos of District 5M-9

District Governor

Tom Plagman (Michele)
38292 Deer St
Aitkin, MN 56431
H: 218-927-3544
C: 218-839-1177
tplagman@hotmail.com

1st Vice District Governor

Rose Puckett
14850 Pinewood Trail
Deerwood, MN 56444
H: 218-764-3108
C: 218-851-8380
apuckett@brainerd.net

2nd Vice District Governor

Sandy Remington
2778 18th St SE
Backus, MN 56435
H: 218-587-2327
C: 320-333-6798
purplesandy07@gmail.com

Cabinet Secretary

Margaret Van Erp (Peter)
38214 610th Ave
Bluffton, MN 56518
H: 218-385-3446
C: 218-639-5040
petemarg@arvig.net

District Treasurer

Dennis Ganz (Shelly)
5079 County 40 NW
Hackensack, MN 56452
H: 218-675-5404
C: 218-244-4232
dsganz@tds.net

Newsletter Editor/Div

Tracey Buhl (Randy)
28000 Redhead Drive
Underwood, MN 56586
C: 218-841-1877
5m9newsletter@gmail.com