

**Jim Arvidson**  
5M9 District Governor

# CRUISING! TO SERVE

**District 5M9**



Volume 13, No. 2 • August 2009

Check out [www.lionsof5m9.org](http://www.lionsof5m9.org) and [www.lionsmd5m.org](http://www.lionsmd5m.org)

# The truest measure of a nation

**People and organizations are answering the president's call to volunteer such as Lions Club International in Minneapolis this week.**

By Al Brandel and Debra Wasserman

Even in tough economic times, Americans generally agree that our greatness as a nation springs from our democratic traditions, diverse cultures and ingrained traits such as self-reliance, ingenuity and a "can-do" spirit.

Part of our national character, too, is our willingness to volunteer to help others.

Americans jump at the chance to support a cause or project dear to them. According to the Obama administration, more than 61 million Americans volunteer today. As a candidate, President Obama talked about the importance of volunteerism as part of a patriotism-themed speech about country, service, veterans and freedom.

"I hope you take that moment to think about what you can do to shape the future of this country we love," he said in 2008 at the University of Colorado. "Loving your country shouldn't just mean watching fireworks on July 4th."

Obama continues to urge Americans to volunteer. With a call to serve as part of his "Renew America Together" initiative and "ServiceNation," a campaign to enlist 100 million volunteers by 2020, the president is helping to inspire a new era of voluntary citizen service in America.

He is doing this with the help of service organizations

such as the Lions Club International. As a member of the organizing committee for the ServiceNation coalition, Lions participated in the campaign's first national day of service to renew our country.

Lions Clubs International was formed in 1917. It is now the world's largest service organization. This week, nearly 15,000 members from around the world will gather in Minneapolis for the group's 92nd annual International Convention. They will pay heed to former U.S. Secretary of State Colin Powell as he delivers his keynote address about importance of volunteerism. Powell's role in unveiling Obama's "Renew America Together" campaign and his longtime support for national service inspire Lions worldwide.

Lions are known for their volunteer work to end preventable blindness, which began in 1925 in response to a challenge from Helen Keller. Today more than 1.3 million Lions in 205 nations serve their communities in a variety of ways, such as working with youth, improving the environment, building homes for those with disabilities, supporting diabetes education and providing disaster relief at home and around the world.

In McGregor, Minnesota, there is Camp New Hope, designed to help veterans reconnect with their families after returning home from combat. Lion volunteers provide meals and day care and arrange for counseling.



**President Al Brandel**



**International Director**  
**Debra Wasserman**

**Continued on back....**



# Classic Lion Tails

Jim Arvidson, Lions District 5M-9 Governor



**International President Eberhard J. Wirfs**  
Theme this year is "Move to Grow"



- Move to Grow in our Social Understanding
- Move to Increase Public Awareness of who Lions are and what we do.
- Move to Grow Membership
- Move to Grow and Promote Leadership
- Help the Youth of Today Grow to be the Lions of Tomorrow
- Grow Fresh Ideas and New Energy
- Grow our Level of Service
- Move to Grow our Foundation

Linda and I came home from the International Convention in Minneapolis with a new perspective and understanding of the "We Serve" attitude. We all enjoy being a Lion and helping our communities, and are proud of it. But when you come together with thousands of LIONS from all over the World and hear their stories, see their Pride, and realize you're all doing this for the same reason -- That's when you understand why We are the World's greatest Service Organization!

The Convention could be considered the Event of a Lifetime. MD5M received many compliments and can be very proud of a very well run event. Thank you to all the volunteers from District 5M9 who helped this be a suc-

cess. There was something for everyone - Seminars, Exhibits, Tours, Twins Game, the Parade (which was spectacular). We listened to many stories from the Heart. How Lions were the first to help at the Earthquake in China, How a Lion lost his house and relatives in the wildfires of Australia but continued on to help others, and many, many stories of Lions working to restore sight, hearing, diabetes, etc. But, I was especially proud of District 5M9 when a Special Video was shown about Project New Hope. By the way, there will be a special seminar about Project New Hope at the USA/Canada Forum in Memphis, Tenn. We listened to an outstanding speech from former Secretary of State, Colin Powell and humbled by words from this years World Humanitarian Award Winner, Father Chris Riley from Australia. Linda and I also spent countless hours in classes and training sessions, but this was an event in itself as we learned what it takes to not only lead our District, but what it takes to maintain World Class Status that we have earned. Of course, the opportunity to meet other District Governors from across the World was priceless (there was 750 of us). I especially remember Wolfgang (who was in a wheelchair, but faster



## Everyday Heroes

Here is our new District Governor Jim Arvidson and his wife Linda being "Everday Heroes."

than I could walk ) from Germany. And, most of you know Len Quinn from Wisconsin - He is now a District Governor, and his Dog - Ginger also received a Certificate saying that She is the Real District Governor.

But, we also had some time for a little enter-

Continued on page 11

## CRUZIN' TO SERVE

5M9 Newsletter



This is a publication of, by and for the Lions, Lioness, & Leos of District 5M-9.

**District Governor**  
Jim Arvidson (Linda)  
10858 625th Ave.  
Parkers Prairie, MN 56361-9611  
H (218) 338-5051  
Fax: (218) 639-5323  
momdad@midwestinfo.com

**Vice District Governor**  
Linda Albrecht-Norby (Jay)  
32106 Mallard Dr.  
Vergas, MN 56587-9355  
R: 218-342-3243 C: 218-234-7176  
B: 218-998-1407  
ljnorbs@eot.com

**Cabinet Secretary**  
Carol Thaemert  
P.O. Box 223  
Aitkin, MN 56431  
H (218) 316-2737 C(952)393-4045  
W (218) 927-7315  
cethaemert@charter.net

**District Treasurer**  
Richard "Dick" Berquist (Diane)  
57090 Co. Hwy. 138  
Parkers Prairie, MN 56361  
H (218)338-9401  
C (218)639-4176  
kege0003@umn.edu

**Editor**  
Bert Nelson (Pamela)  
40606 Co. Hwy. 67  
New York Mills, MN 56567  
H (218) 385-3956  
C 218-298-0599  
bertnelson@lakesplus.com

Please submit stories, photos with captions, ads and other material to the editor before the 15th of the month.

Subscriptions are \$8 for one year.

# “On the road again”

## August

- 2 Cabinet Mtg, Ottertail
- 9 Classic Vehicle Show, Parkers Prairie
- 16 PDG Summer get-together Cass Lake
- 17 Sebekka Lions Visit
- 27 Zone 2, Garrison

## September

- 3 Minn. Lions Eye Bank Booth at the Minn. State Fair
- 12 MERLO Team Training, St. Cloud
- 15 Zone 4 mtg Laporte-Benedict Host
- 17 Zone 3 mtg, Pine River
- 24-26 USA/Canada Leadership Forum Memphis, Tenn.
- 28 Cass Lake/Lake Country visit, Cass Lake

## October

- 10 Tina and Lena Show, Bertha Lions
- 11 Mini-Forum, Bluffton
- 12 Wadena Lions Visit
- 22 Garrison Lions Visit
- 24 Council of Governors, Mahanomen
- 26 Bluffton Lions Visit
- 31 Thanksgiving for Vision, Minneapolis

## November

- 1 Cabinet Meeting

## December

- 14 Osage Lions Visit

## January

- 8-10 Mid-Winter Convention, Cragun's, Brainerd
- 25 McGregor Lions Visit

## February

- 8 Nisswa Lions Visit



# Lions

## Heartbeat of 5M9

*Linda Albrecht-Norby*  
*Vice District Governor 5M9*



The lazy, hazy, crazy days of Fall are upon us? Well, with the cool beautiful summer we have had so far, I guess we can't complain. With that, the county fairs are approaching and so are the annual community events. The Lions of 5M9 are busy at all of them, helping our communities and the folks who live in them. In the year ahead, I look forward to serving with all of you and making it a great year for 5M9.

I have been receiving your MMR's and newsletters, I enjoy reading the activity in each of your clubs. Please let us know of your activities coming up and I look forward to being there and getting to know more Lions and having my Lion family grow. It takes an idea and the teamwork to make that idea grow. The growth of that idea will blossom into a great fundraiser and the Lions motto of "We Serve" will continue on.

Zone meetings have begun to be booked on the calendar for the start of the year. Remember, club presidents or a representative of the club are to be in attendance at each Zone meeting and a report is to be given of upcoming events, membership and general club activity. Come to the Zone meetings with representatives from your club and meet Lions from other clubs and find out what working for them. We can all learn from each other, find out about new fund raisers and find out how to recruit new members. Many of you may be new officers for the first time and what better way to grow in your position then attending a Zone meeting and find out how other Lions Clubs work.

In the years I have been a Lions member, I have found that it is important that you grow beyond your club. Take every opportunity to learn about the Lions organization you belong to. It started in 1917 in Chicago and oh has it grown. Start by having an orientation for your club members, even the older members will learn new things. Yes, you can teach old dogs new tricks! Step out of town by attending the Zone meetings, Mid-Winter Convention, College of Leadership, MD5M Convention, USA/Canada Forum and this year, we had the International Convention in our own backyards. Growing to improve yourself and the club you belong to is what Lions is all about. Continue to SERVE to the best of your ability.

We also have many new & seasoned members to the Governors cabinet. What better way to meet and greet them by having them come to your club and do a presentation. They need to make their pitch about each of the great programs we have in 5M9. So invite them to your clubs for a program at your next club meeting. What better way to find out where your money is going and for what purpose.

As VDG of 5M9, Jay and I look forward to serving with DG Jim and Linda in making this the best district of the Multiple. We look forward to meeting all the Lions in the District at some function, relaxing or on the street with a friendly hand shake or hug. We are the Lions of 5M9 and proud of all the work we do here. Serving our Communities, District, Multiple and the World with the motto "We Serve."

Walking the path to help serve others!

Vice District Governor  
Linda Albrecht-Norby

# 5M9 supports three bands



DG Peter presenting check to the Bertha Band Director Jennifer Stelzig



DG Peter presenting check to the Fergus Falls Band Director Scott Kummrow.



DG Peter presenting check to the New York Mills Band Director Blake Groe.

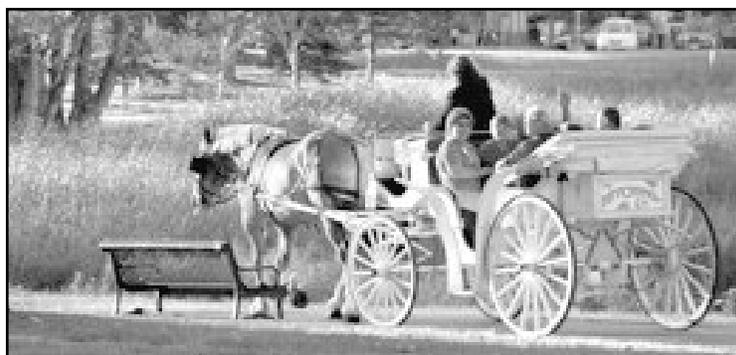
Lions District 5M9 Governor Peter Van Erp and Margaret Van Erp visited three schools to present checks to them from the generous support of the Lions of 5M9. The bands performed at the Lions International Convention parade held in Minneapolis. Congratulations, you kids, on the dedication to continue the long tradition of the Bertha-Hewitt, Fergus Falls and New York Mills marching bands, Peter Van Erp said. The time and sweat you are putting in on these hot days builds character. About 20,000 people are expected to attend the International Lions Convention, which was last held in Minneapolis in 1993. The Fergus Falls Marching Band placed second in Division II.

## Smiles all around



Osage Lion "Grandma" Edie Branstrom, pins newest and youngest Osage Lion member, Grandson Richard Branstrom.

## "Classic" ride



DG Jim and other new 5M Governors with spouses take a slow summers ride in a "Classic" vehicle.

## American Diabetes Association asks help of 5M Lions

The American Diabetes Association, Minnesota Area will be holding its Diabetes Expo on Saturday, October 24th from 9:00 AM to 3:00 PM at the Minneapolis Convention Center. It is billed as "everything you need to know about diabetes under one roof" including workshops, cooking & fitness demonstrations, free health screenings, an "Ask the Expert" area, and vendors featuring the latest diabetes products and services. The EXPO is free to all attendees. Last year over 8,010 people attended; we're expecting more this year. We are offering the Lions of Multiple District 5M in Minnesota several opportunities for their involvement in the EXPO:

- We invite you and your family as 5M Lions to come to learn more about diabetes.
- We need many day-of-event volunteers for this activity. Lions Clubs

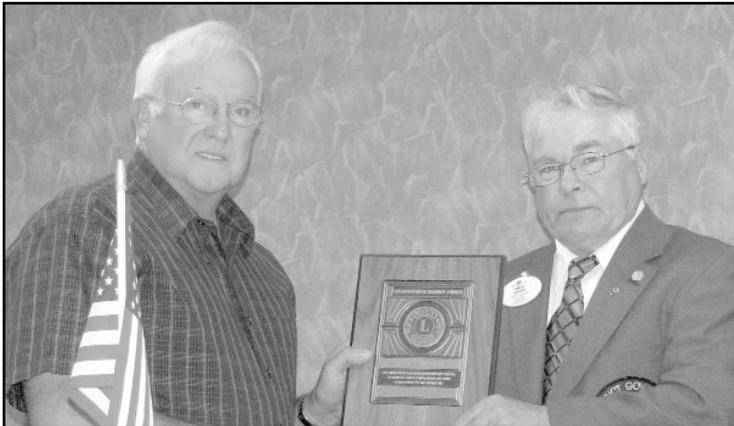
may want to volunteer as a club or as individuals. Many clubs helped last year and by wearing their vests gained more recognition for local Lions Clubs. Volunteer for a few hours (time slots are 8:15 AM - 12:00 PM or 11:30 AM - 3:15 PM) or for the entire day. Please contact Chris Schaefer at 1-800-676-4065, ext. 6592 or at [cschaefer@diabetes.org](mailto:cschaefer@diabetes.org) if you or a club would like to volunteer.

- Several areas outside of the Twin Cities worked on organizing buses to and from the Expo for members of their community. Several clubs from different communities in your district could set up a bus route with several stops to pick up people. Work with your local clinics, hospitals, churches, etc. to get the word out. If you are thinking about having a bus please contact Chris at 1-800-676-4065, ext. 6592 or [cschaefer@diabetes.org](mailto:cschaefer@diabetes.org) for more information. There will be free parking at the Minneapolis Convention Center for the organized buses.

# Park Rapids Lions present awards



DG Jim Arvidson is presenting Swede Nelson with a Leader Dog for the Blind Founder's Tribute Award. Also congratulating Swede are Leader Dog Representative Dick Kimball and Park Rapids President Bob Seifert.



DG Jim Arvidson presenting Park Rapids Lion Jerry Novak with Lions Service Award for his work for the club and community.



DG Jim Arvidson presenting Sue Monsrud with Lions Service Award for her work for the club and community.

# Diabetes screening finds 19 at risk

The Lions diabetes screening at the Hubbard County Fair was a success! Our mission is to find people that are at risk for having diabetes. We referred nineteen people to see their doctors of which one had a very high blood glucose reading (350 mg/dl) and another person that needed immediate medical attention with a blood glucose reading of (480 mg/dl). A normal fasting reading is 70 to 110 mg/dl. Both of these people had not seen a doctor in several years.

I want to thank the following Lions and St. Joseph's Health service staff of Park Rapids, MN and the Hubbard County Officials for their help. It takes a lot of people from several organizations to do a screening of this nature.

**Nevis Lions:** Judy and Ken Thompson, Annelle Jost and Gail Walters.

**Akeley Lions:** Deloris Lamb, Marie Crosby and Leroy and Marilyn Miller.

**Park Rapids Lions:** Lloyd Stinman, Bob Stubbs, John Watson, Paul Grams and Paul Grimes.

**Laporte-Benedict Lions:** Shirley Schmidt and Zone Chair Maria Patton

The St. Joseph's people that did the testing were interns Katie Haarala, Becca Hughs and Sandy Henry RN. There are several other people from this organization that helped make it happen and we thank them also.

We were able to tell a lot of people what we Lions do in our home towns and what we do in our state and internationally. We found seven people that after hearing about our programs wanted to learn more about Lionism. Four names were given to Park Rapids, one to Fergus Falls and two to a club in southern Minnesota. The Fairs are fertile ground for recruiting and in my opinion the Lions should have a booth in every County Fair.

I really enjoyed working with the Hubbard County Lions Clubs during all of the days at the Fair. I was accused of being "Loco" by one of the Lions because I was having too much fun recruiting. The truth is it was fun!

Again, Thanks to all that helped at the Fair.

Lion Jim Bergstrom, District 5M9 Diabetes Co-Chair 320-692-5148

## Lions we will miss

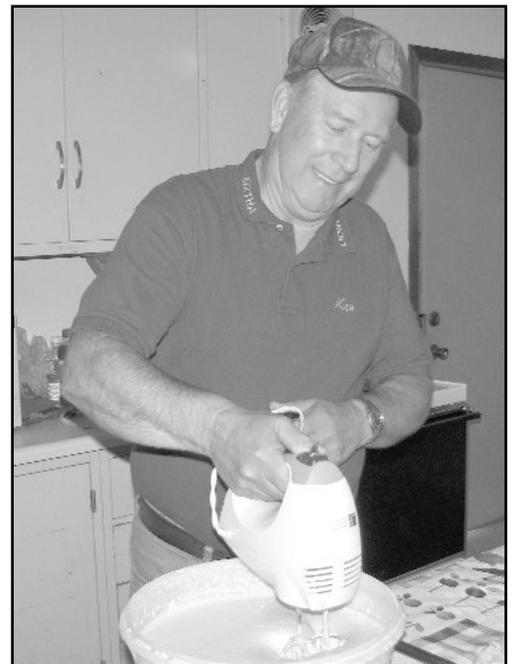
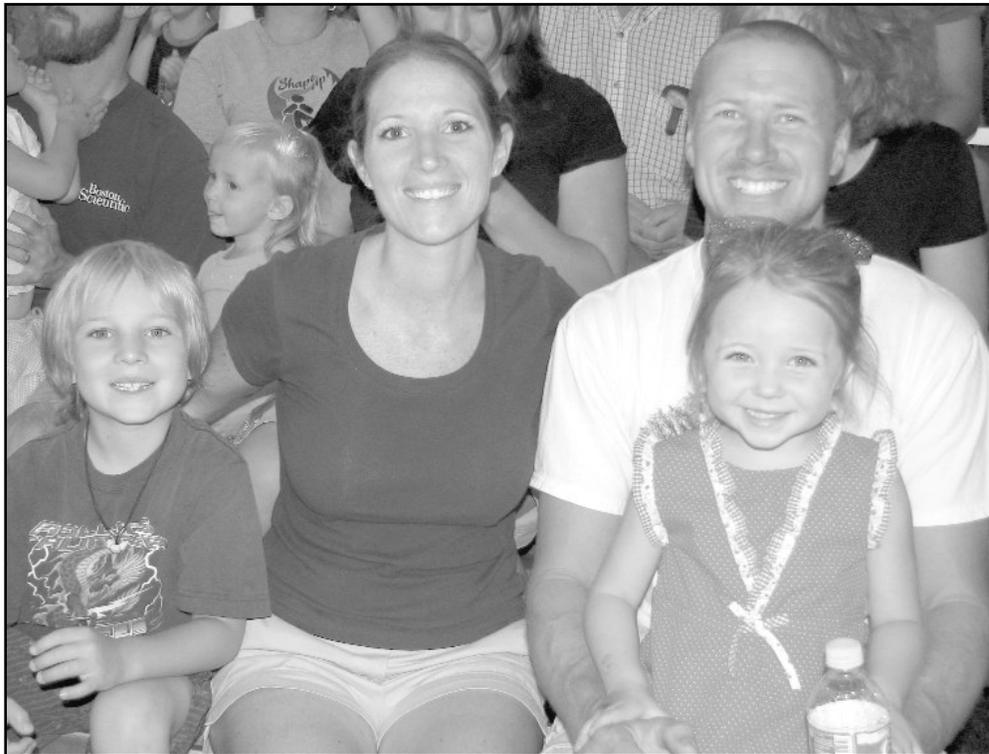
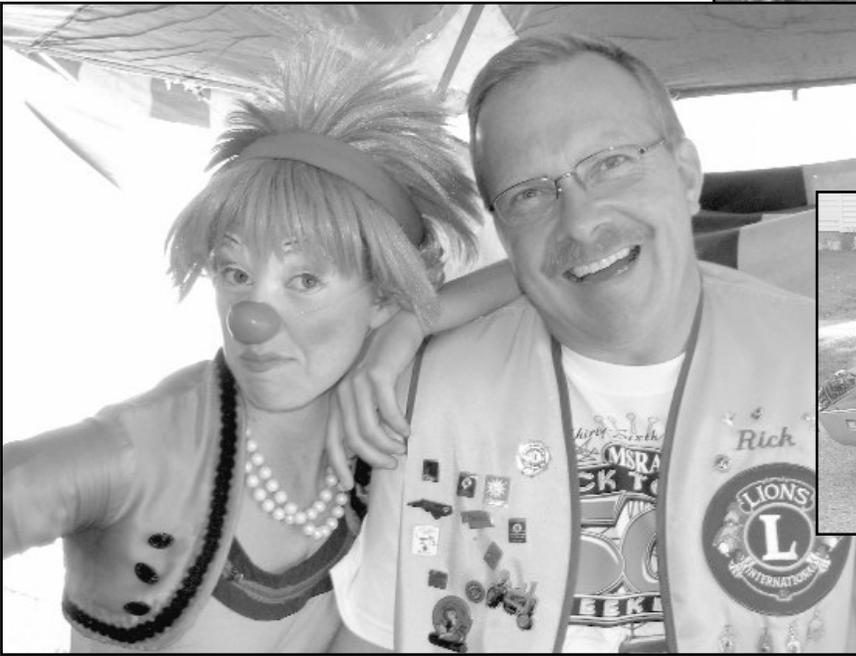
Byron Farden	Battle Lake Lions Club
Chas Gustafson	Battle Lake Lions Club
Kenneth Cardinal	Emily Outing 50 Lks LC
Richard Linn	Bay Lake & Area LC
Edward Mergens	Hackensack Lions Club
Ruth Loftus	McGregor Lions Club
Michael Wilder	Emily Outing 50 Lks LC

Club secretaries, please review and send or email your deceased member's photo to: Lion Jim Johansen  
8103 210th Street North, Hawley, MN 56549  
jkjohansen@juno.com 218-483-1121

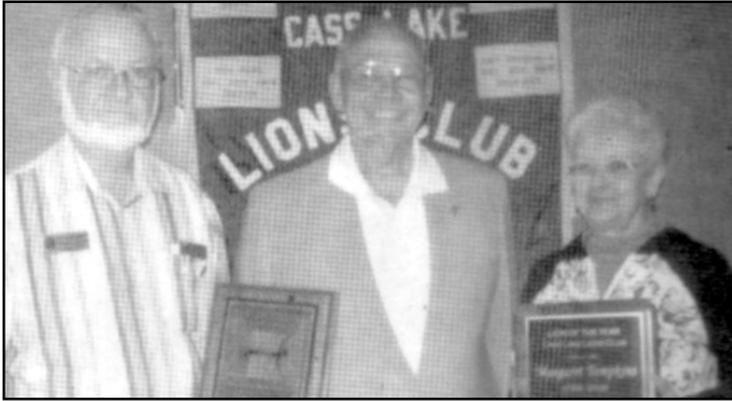
This will help make the Service of Remembrance even more meaningful with a picture of your past member.

# Summer "Classics"





# Cass Lake Lions Club members earn awards



Aedean Brasgalla (left) was a recent recipient of a Helen Keller Award and Margaret Tompkins (right) was named Lion of the Year. They received their awards from outgoing president Dick Labraaten.

By Cass Lake Lions member Judy Brasgalla  
 in 1925, Helen Keller challenged the Lions of the world to become Knights of the Blind. Since 1960, the Lions of Minnesota have continued to meet the challenge of Helen Keller by establishing and supporting the Minnesota Lions Eye Bank, Inc. With the help of the Lions of Minnesota, research breakthroughs in the diseases of the retina, macular degeneration, cataracts, glaucoma and other blinding eye diseases and infections are making a difference in the rest of the world.

A Helen Keller award may be presented after a club has accumulated \$1,000 in donations to the eye bank.

Aedean Brasgalla of the Cass Lake Lions recently received the Helen Keller Award.

Other recent club awards included Margaret Tompkins as Lion of the Year.

The Lion of the Year is awarded to someone the current president feels had done an outstanding job participating in club projects and activities.

# Mike Wilder Memorial Golf Tournament for PNH

Last year Lion Mike organized a golf tournament for the benefit of Project New Hope and was already planning and organizing the second annual event. This project was very dear to Mike, he passed away on July 1st, so we are going forward with the "2nd Annual Mike Wilder

Memorial Golf Tournament for Project New Hope" sponsored by the Emily, Outing and Fifty Lakes Lions.

It will be held on Friday, August 28th at Crosswoods Golf Course in Crosslake. It will be a 1:00 p.m. shotgun start - 4-person scramble. Through August 21st, registration is \$55 regular and \$45 for Veterans. After that date, golfers are welcome at an additional \$5 each. Price includes 18 holes of golf, a cart, a couple of contests, supper and door prizes.

If you have questions, please feel free to contact me at 218-792-5872 or 913-980-3254.

Lion Pat Meyer

## WELCOME

## NEW LIONS

## MEMBERS TO 5M9!

New Member	Club	Sponsor
Michael Allman	Battle Lake	Carl Carlson
Amy Bond	Bertha	Janet Umland
Fred Palloch	Bluffton	Bert Jeffery
Deborah Sweere	Bluffton	Marvin Wegscheid
John Duncan	Bluffton	Lee Larimore
Marjorie Duncan	Bluffton	Clarice Larimore
Timothy Bosh	Cormorant	Curtis Lundeen
Deborah Pergande	Frazee	Karlene Negen
Mark Pergande	Frazee	Gary Negen
Bette Green	Hackensack	Bernadette Miller
Michelle Neels	Menahga Gateway	Betty Hotakainen
Bradley Hansen	Nimrod	Donald Fredricksen
Debra Fiegen	Northland	Janet Brown
Larry Fiegen	Northland	Janet Brown
Norman Wade	Park Rapids	Frnak Bender
Peter Konrad	Parkers Prairie	Richard Konrad
John Johnson Pequot Lakes/Breezy Point		Atesha Wourms
Cory Pettit	Wadena	Richard Johnson

# Tabbert receives MJF



District Governor Peter VanErp presents Curtis Tabbert of the Parkers Prairie Lions Club with a Melvin Jones Fellowship.

**ORDER FORM - Host Committee Merchandise Booth**



**MD5M Snowman Logo  
Bobblehead Doll**  
7 Inches Tall  
~~\$17.00~~ **\$13.00**



**MD5M Snowman Logo  
Thermal Mugs**  
With & Without Handle,  
Blue Only  
~~\$14.00~~ **\$10.00**



**MD5M Snowman Logo  
Sno-Globe**  
Sample Only, Snowman  
Figure will be  
similar to Bobblehead  
~~\$13.00~~ **\$10.00**



**MD5M Snowman Logo  
Ball Cap**  
Available in Green,  
Blue, Tan, Gold, & Grey  
One Size Fits All  
~~\$17.00~~ **\$12.00**

A limited number of items are left over from the LCI Convention MD5M Merchandise Booth.

**Club Special** - Buy three items and get 20 Host Committee Pins Free

**District Special** - Buy five items and get 50 Host Committee Pins Free

Club Name: \_\_\_\_\_  
 District: \_\_\_\_\_ Zone: \_\_\_\_\_  
 Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Country: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 mail Address: \_\_\_\_\_

Mail your completed form  
and check to:

Lion Mark Sikes  
16561 72nd Place North  
Maple Grove, MN 55311

Lion Dave Reach  
8429 Savannah Chace  
Eden Prairie, MN 55347

Select Style	Quantity	Price	Total Cost	Mail Cost #
Snowman Bobble Head Doll		\$13.00		\$5.00
Snowman Sno-Globe		\$10.00		\$3.00
Snowman Ball Cap*		\$12.00		\$3.00
Snowman Mug w/o Handle		\$10.00		\$3.00
Snowman Mug w/Handle		\$10.00		\$3.00
Host Committee Pins		\$1.50		\$0.50
Subtotal				
<i>Plus Shipping &amp; Handling (Includes MN Sales Tax)</i>				
Total				

Minnesota State Sales Tax is included in the pricing. Shipping and handling are extra.

Our preferred delivery method is via our District Governors/Zone Chairs. Merchandise can be ordered and delivered at your Summer or Fall zone meetings. If you want it sooner, we are offering a mail option for MN residents.

For Canadian mail orders, please contact Lions Mark or Dave.

Make Checks Payable To: Host Committee

\* Indicate Color # US Mail to MN Residents Only, per item.

# CRUZIN' DOWN THE RIVER IN 2010

All aboard! Calling all 5M9 riverboat belles and captains to join the Aitkin Lions and the Aitkin Riverboat Lions at the 2010 Mid-Winter Convention on January 8-10, 2010 at Cragun's Conference Center on Gull Lake at Brainerd, Minnesota.

Aitkin is a small town with a big heart whose residents willingly support our many Lions fundraisers and projects. Aitkin Riverboat Lions started as a Lioness Club. Aitkin Lions has been in existence for 83 years.

The town of Aitkin celebrated the 150th anniversary of its founding in 2007. It was founded by William Aitkin, a Scottish fur trader. Being located on the Mississippi, it was the hub of the logging and trading industries. It was a port for steamboat travelers.

Please mark your calendars with this date of January 8, 9 and 10, 2010. Come Aboard and join the fun!



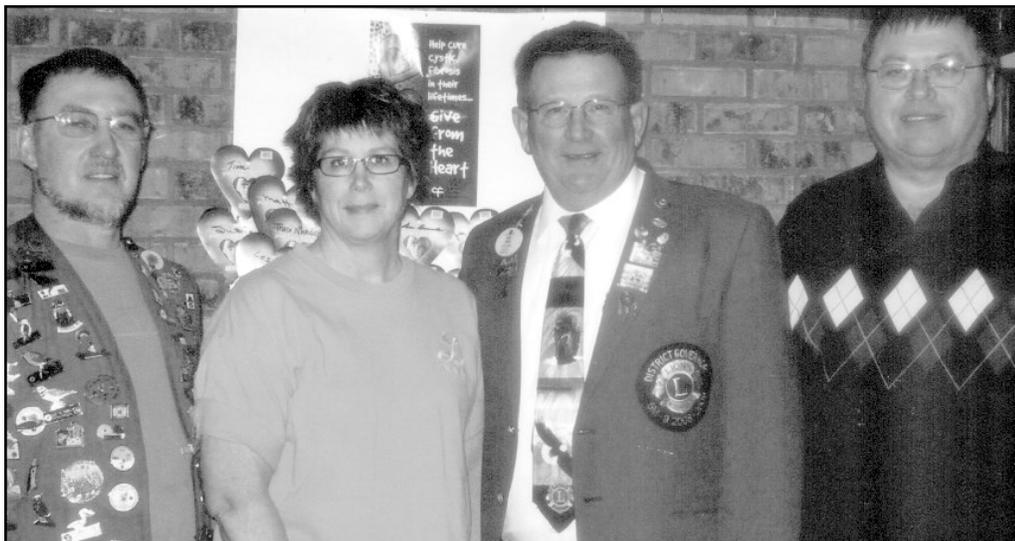
## Peaches for sale Fri., Aug. 7

The Backus Lions Club will be selling fancy, ripe Colorado peaches on Friday, August 7 beginning at 8 am at Jim's Off Sale parking lot, on west side of Highway 371 just north of Backus. This is a new location. Sales will be first-come-first-served. No advance orders.

Cost is \$25 per case with approximately 35 to 40 large, juicy peaches per caes.

The Backus Lions Club funds many activities in the area communities including high school scholarships, food shelves, fire department, and Peaceful Playgrounds.

## One last visit for the year



Verndale Lions President Mark Callahan, Verndale Lioness President Judy Beaver District Governor Peter Van Erp and Aldrich Vice President Lee Terrel took time for a photo at a recent Governor's visit hosted by the Verndale and Aldrich Lions. They had a wonderful time.

## NEED EXTRA INCOME??

- Work from your home
  - Flexible hours
- Fast-growing company
- Promote Minnesota-made product

Call Ken and Gloria  
Anderson  
home 218.631.9005  
cell 218.639.1696

## 5M9 Website

Updates have been made to the District Website. Some of the updates include new cabinet members, events, convention info, newsletters, etc. Everyone's help is needed to keep information current and to get new items of interest to current and potential new Lions. Please visit [www.lionsof5m9.org](http://www.lionsof5m9.org) and take a look.

If you have items to change or add, please email the webmaster through the website or e-mail items to [thebecks@mlecwb.net](mailto:thebecks@mlecwb.net) or [jkjohansen@juno.com](mailto:jkjohansen@juno.com).

tainment. President Wirfs, who is from Germany provided us with an "Octoberfest," we attended many receptions hosted by several countries – my favorite of course was the Scandinavian one. I think Ole' was the Host. And then, there was the "Classic" Party with the "Beach Boys." Awesome!

But, Now it is time to Move. Move to Grow. Move to do the things that matter Most. We will Grow in our Ability to help our Clubs, our Communities and the World around us.

To show what some clubs are doing or what is happening around the District, I have added a New Page this month called 'Summer Classics' Stay tuned, there may be a 'Fall Classic.' Keep sending me those pics.

Progress on the Lakeland Hospice House continues. My goal is to have every club in our District get behind this Project in any way that you can. The Application for the LCIF Grant has been sent in. We now need to successfully complete our Matching Fund requirement to receive this Grant. We have been very successful so far, but we have a ways to go. Maybe every club could buy a brick or paver and recognize themselves at the 'Memory Walk.' Any Support could also be done as a Pledge over a three year period.

Mid-Winter Convention. I need to congratulate the Aitkin Lions and Aitkin Riverboat Lions on doing a superb job of organizing the upcoming convention. I am excited about getting together with all the great Lions of 5M9 again. I hope you are too. This is not only a great reason to get together and celebrate our year as Lions, but could be a great family vacation. There will be a special package for first time convention goer's. We are also encouraging Leo Club member's and other young people.



**District Governor Elect Jim Arvidson is coming District Governor as out-going Governor Peter Van Erp removes the ribbon from Jim's badge.**

Move to Grow. And Grow We Will. Together, We Will Make a Difference!

I have been a Lion for many years, but Now - I consider it a Privilege!  
**District Governor Jim Arvidson**

**OLE - I may not have gone where I intended to go, but I think I have ended up where I intended to be!**



Clip this form or make a copy and send to me, your District Governor  
Dates fill fast, and I would like to attend as many clubs prior to the 1st of January



## Club Request for Governor's Visit

Club Name \_\_\_\_\_ Name/Location of meeting place \_\_\_\_\_

Dates in order of preference: 1st \_\_\_\_\_ 2nd \_\_\_\_\_ 3rd \_\_\_\_\_

Time meeting begins? \_\_\_\_\_ If a social, when does it begin? \_\_\_\_\_

Do you have dinner? \_\_\_\_\_ When is it served? \_\_\_\_\_

If this is a joint meeting with another club, please specify which club: \_\_\_\_\_

Lion requesting visit \_\_\_\_\_ Address \_\_\_\_\_

Phone number \_\_\_\_\_ email address \_\_\_\_\_

Please list any additional functions you would like the Governor to do while there: \_\_\_\_\_

**Please have your request to me no later than October 1st.**

**Lion Jim Arvidson, 5M9 District Governor**

10858 625th Ave.

Parkers Prairie, MN 56361-9611

H (218) 338-5051 Fax: (218) 639-5323 momdad@midwestinfo.com

I will confirm your request as soon as I receive it.

Date received \_\_\_\_\_



## 2009 MD5M LEO Conference Forum

# Youth for Change

October 15-17

Camp Friendship, Annadale, MN

Three days of adventure, challenges, leadership seminars and service learning activities.

Cost is \$50 for Leo members/Lions members or \$70 non-Leos before August 30, 2009. After August 30, prices are \$70 Leos/Lions members and \$90 non-Leos. This includes all meals, lodging, training, materials and activities.

Young people explore the issues of community involvement, contributing locally and globally and ethics.

Participants are challenged by outdoor, experiential and service activities and learn to communicate and solve problems with a diverse group of peers.

Leo Leadership Conference combines physical activities, with intellectually stimulating seminars, small group interactions and reflection time to empower young people to lead and serve in their home communities and beyond.

Students and adult sponsors will be sleeping in one of the gym areas.

Girls in one gym and boys in the other. Locker rooms will be available for showers. Below is a list of items you may need for the conference.

- Sleeping bag • Air mattress • Pillow • Clothing and shoes for indoor and outdoor physical activity • Toiletries (tooth brush, paste, floss, shampoo, etc.) • Towels • Spending money (snack machines at school and concessions) • Camera • Any medications that you need • Notebook/pencils/pens

Each club is asked to prepare a display. These displays will be featured in the main hall area for all clubs and visitors to look at. Your display can have pictures of a service project your club did or a special event. You may have what ever you want on your display that describes your club.

If you have any questions, please feel free to call or go to [www.lion-smd5m.org](http://www.lion-smd5m.org) for more information and to register.

Al Fravert at 507-951-3204

---

**Continued from front.....** Lions believe that it is in giving that we receive. And it has been proven that volunteers do indeed receive. They enjoy greater longevity, higher functional ability and lower rates of heart disease and depression, according to a study released by the Corporation for National and Community Service. Volunteering is also invaluable for strengthening community relationships, an important function in our diverse society. Harvard Professor Robert Putnam has shown that social capital resulting from civic engagement positively affects crime rates and health and even boosts economic status. In these hard economic times, volunteering can lighten the burdens resulting from financial hardships.

Our greatness as a nation should not be measured by our gross national product, our medal count in the Olympics or our military might. Rather it should be measured in the generosity of our spirit and in our willingness to lend a helping hand.

There are a number of ways to volunteer. You might decide to help a local library and teach others to read, or coach a soccer team, or be a big brother or sister to a child who needs a mentor. You could also join a local volunteer organization. The opportunities are many, and the need is great. The key is to get involved. You can make a difference.

Al Brandel is the international president of Lions Clubs International. Debra Wasserman is a director of Lions Club International and is a Lions club member in Faribault, MN.

There will more Convention photos and stories in next month's newsletter.



---

**DG Jim Arvidson**  
10858 625th Ave.  
Parkers Prairie, MN 56361-9611

PRESORTED  
STANDARD  
US POSTAGE PAID  
NEW YORK MILLS, MN  
PERMIT NO. 14

