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5M9 Service Journal

District Governor Linda Albrecht-Norby



President's Message
Changing the World with
International President
Dr. Patti Hill

Dear Lions,

This incredible planet is our home and taking care of this earth starts with each of us. As we celebrate Earth Day on April 22, I encourage you to inspire others to join you in an environmental service project, such as planting trees, reducing waste or cleaning up a beach. There are so many ways that you and your club can make a real impact on our planet, and we have great resources on our website that can help you get started.

Caring for our environment is one of the most important issues that we're facing, so let's all work to ensure the health of our planet and of our communities so we can look forward to a brighter tomorrow.

Yours in service,

Dr. Patti Hill
International President

Celebrate Earth Day with Service

Earth Day is on April 22, and now is the time to start planning a great project that will get your club and your community involved in protecting and preserving our planet. Check out the new [environmental resources](#) for inspiration for your project.

Be sure to watch President Hill's video, [#LionsGoGreen](#), to see how you can use creativity and fun to raise awareness about taking care of our planet. And don't miss the [winning videos](#) for the Leo Video contest highlighting Leos' environmental projects.



Changing the Hearts of Lion's 5M9 District Governor Linda Albrecht-Norby



What's the importance of doing your MMR (Monthly Membership Reports) each month? The purpose of these reports is to make sure we have accurate reporting of our membership, as we continue to grow. We hate to see our members leave, but for us to recover from the losses, we need to have the opportunity to find new members.

With that said, it is the responsibility of the club secretary to complete these reports each month, so that Lions International is current with changes in all the clubs in 5M9.

There are others changes that need to be made such as complete birthdates, marital and family status for family members. If they are members transferring into your club, please use their current membership number and only give a new member number if they are a new lion to the Lions Organization.

When entering new members into Lions International, report them immediately so that we have them recorded in a timely manner. It is important that we recognize these new members into our clubs, so they don't feel they are being left by the wayside.

Starting on February 1 - June 15, 2024, a contest will be held for sponsors entering new members to District 5M9. For each member you sponsor, your name will be added to a drawing to receive a Melvin Jones Fellowship. The drawing will take place on June 30, 2024, and I encourage all Lions in 5M9 to find new members but introduce them to our communities and the great things we are doing in 5M9. Together we can do bigger and better things with more hands helping to improve what we all do as Lions in 5M9.

Another important role for Lion's is **recognition!** Do you have a fellow Lion that goes above and beyond in your club or perhaps someone in your community that has supported your club with an event? Consider recognizing them with a plaque or award from one of the 13 projects you support as Lions. Check with our 5M9 project chairs as to what projects you can award them. Applications for the projects are on the 5M9 website or contact the project chairs for further questions you may have regarding the awards.

The Mid-Winter conventions have come to an end and all the districts have done a great job of presenting information to the Lions in their Districts. Please remember to pass on information to the Lions in your club that you learned at this year 5M9 convention.

I am so proud of the Lions in 5M9 and together we will do great things together. We have 4 months left to the 2023-2024 and let's go out with an increase in membership.

DG Linda Albrecht-Norby

District Governor Elect

Denise Laudenbach



Our Lions International logo is an amazing design. One Lion head facing the past with pride and one Lion head facing the future with confidence, looking in all directions to render service. Our logo is on our lapel pin, our vest, bumper stickers, our banners, city park signs, recycle bins, trucks, trailers, food shelves, medical offices, pop up shelters.... It is everywhere. Our logo is an unspoken message to our communities that we are leaders. Leaders that people can count on for help, whenever and wherever needed.

John Quincy Adams once said, "If your actions inspire others to dream more, learn more, do more and become more, you are a leader."

Being a leader in our Lions International organization takes on many definitions. It can mean that you mow your neighbor's lawn when they are unable to do so. It may mean that you give someone a ride to a medical appointment. It may mean that you assist your club with a service project in the community. It may mean that you help raise funds for a child fighting cancer. It may mean that you create a service project to raise funds to help a child attend summer camp who lives with diabetes. It may mean that you flip pancakes for a community fundraising event. It may mean that you step up to serve as a board member of your club. It may mean that you serve on a position of the district cabinet. It may mean that you decide to help on a larger scale and run for the position of Lions International Director. It may mean that you are from Bird Island, Minnesota and decide to help on a global basis and become a Lions International President, as did our Immediate Past International President Brian Sheehan.

No matter what level you give of your time and talent, if you wear our Lions International logo, you are a leader. As you give back to your community, I encourage you to continue to invest in yourself. Leadership is constant self-investment and the investment in others around you. Being a member of Lions International, provides an environment for us to self-invest in learning more about our own unique talents and how we can share those talents in giving back to others in need.

Thank you for caring. Thank you for giving back to your community. Thank you for stepping up to share your talents with your community and district. Thank you for being a Leader. Thank you for being a Lion.

Denise Marie Laudenbach





**“Changing the World”
by being a
Lion!**



Lions Clubs International Foundation

**What does this mean for you, your club, your district, your multiple,
your community, your state?**

Did you know that LCIF was founded in 1968 and the mission of LCIF is to "empower Lions clubs, volunteers, and partners to improve health and well-being, strengthen communities, and support those in need through humanitarian services and grants that impact lives globally, and encourage peace and international understanding."

Did you know that for more than 50 years LCIF has helped Lions around the world with grants that allow Lions to serve their own communities in their respective countries? *Click on the link below to see the history or LCIF's history of giving in our communities and around the world.

Did you know that there are nine grant programs available to Lions clubs with resources to support them? You can feel comfortable knowing the money you donate may come back to your club or community for projects or disasters.

Find out more from our 5M9 LCIF chairs [Lions Zelda & Larry Novak](#) or [Lion Erin Beck](#).

Did you know that your donations, whether monthly or annually can accumulate and allow you to receive a Melvin Jones Fellowship award or a Progressive Melvin Jones award. You can feel proud that you are a part of this great foundation! I know I do!

[*https://www.lionsclubs.org/en/discover-our-foundation/history#1970s](https://www.lionsclubs.org/en/discover-our-foundation/history#1970s)

Your service as a Lion is invaluable and each Member Matters!



Sheri Greenwaldt 2nd Vice District Governor Elect

Lions of 5M9,

By now, you all should know that Lions International aims to reach 1.5 million members worldwide by June 30, 2027! At the end of January 2024, I was able to travel with DG Linda to Tower for 5M10's mid-winter convention. While at that convention, we were very fortunate to hear Lion Daniel Marney Elkins speak. He shared thoughts on membership.



Lion Daniel shared a couple of things with us. He discussed the “elevator” speech. He said that we always hear to have an “elevator” speech ready for when people ask you about what Lions is and what we do. Typically, when thinking about an “elevator” speech, many will think about telling prospective new members about our history, including the dates 1917, 1925 and Helen Keller. We should be telling prospective new members about what we are doing now in our communities. New members want to hear about the service you are doing, the important projects that Lions are involved in, and what you will be doing in your communities. Those pieces of information are important to younger and new members. When talking to potential new members, find out what their passions are. This way, they can feel a connection to your club, and you can use them to start a new service project. Potential new members can bring new ideas to your club and they may even be willing to chair the project. When you get new members in your club, get them involved right away. When you get new members involved, they will feel welcome.

The final words Lion Daniel shared is to listen to potential new members' stories, tell them about Lions, and ask them to join our family. Lions is the world's best kept secret, use that information to your advantage!

Lion PDG Jay Norby shared some staggering information in last month's (February, 2024) newsletter. He shared a document showing that the average age of a Lion in 5M9 is 64 years old. We have 502 members aged 66-75, and 519 are aged 76 and older. The average age of a non-Lion member adult in 5M9 is 45.5 years old. In 10 years, how many of those lions, who are 64 and older, will be with us? Hopefully, most of them, but that may not be true. Everyone in 5M9 needs to work to find new members. Ideally, they would be ages 18-65. We want to continue to provide the fantastic service we already do in our communities and grow that impact. Remember, more hands equals more service!

Bringing in new members and retaining those we currently have is so important. You all are working so hard within your clubs to make lasting impacts on your communities. You all are doing a fantastic job serving those in your community! Keep up the excellent work you are all doing.

I am going to leave this month's article with the following quote for you to all ponder. “It is not the strongest of species that survives, nor the most intelligent that survives. It is the one who is the most adaptable.” – Charles Darwin.

Lion Sheri Greenwaldt
2nd Vice District Governor Elect



LCIF Gala

Paint the Town ~~RED~~ GREEN!



Sat, April 13, 2024
Prairie Event Center
Parkers Prairie, MN
10:30 am to 4:00 pm



You don't need to wait for someone to award you a Melvin Jones, though it is a nice surprise. You can join the Fellowship yourself! For every \$1000 that you donate to LCIF, you first receive a plaque, then progressive pins.

Check with your District LCIF Coordinator to find your personal balance that you have donated to LCIF. If you want to be presented with a MJF plaque or PMJF pin by PIP Brian Sheehan, then you will need to order your plaque/pin by Feb 29, 2024. You can contact LCIF Donor Services at 630-203-3836 to have the plaque/pin sent to you and bring it to the LCIF Gala if you are attending.

Tickets are now available through your District LCIF Coordinator for \$45 each or \$500 for a table of 8 (includes perks).

The Gala will begin at 10:30 am at the Prairie Event Center with Lion Lori Sheehan leading a Lions in Motion activity at 11:00. There will be a costume contest with a green theme. Dinner will start at 12:30. There will also be a Silent Auction.

If you need a place to stay before or after the gala, the Grandstay Hotel is located next door with rates starting around \$157.00. Their phone # is 1-855-230-2535. There are also hotels available in nearby Alexandria, MN.

Any further questions please contact:
Bert Nelson 218-298-0599 or lionbert.a.nelson@gmail.com

Zone 1 Diaper Drive

On Thursday, Jan 25th, clubs of Zone 1 hosted a Diaper Drive to support three local agencies.

The event was held at The Pickle Factory in Nisswa. Rafferty's Pizza provided the pizza and Spirits of Nisswa provided beer and wine tasting. The entry to get into the event was a box of diapers or a cash donation to be used to buy diapers.

The Monday after the event, the diapers (along with some diaper bag kits and \$\$) were delivered to:
Lakes Area Pregnancy Support
Central Lakes College
Relationship Safety Alliance

This has been an annual tradition for the clubs within Zone 1. Lions working together for a better community. Delivering the diapers were Nisswa Lion Joe Laudenbach, Baxter Lions Dick and Sue Stebbins, Camp Confidence Lions Du-Nae Moe, Jo Ohnstad



Lions Clubs from Zone 1, District 5M9

THURSDAY
JANUARY
25
4:30 - 7 PM
HOLD AT
YE OLD
PICKLE
FACTORY

2024
DIAPER
DRIVE

Don't have time to shop for diapers?
Buy them at the door the night of the event!

Can't make it to the event?
You can still drop diaper donations off at:
The Book Partner, The Outreach Program,
Nisswa Chamber, State Farm-Rivett Lounge, Becker

Donate a box of diapers and enjoy
Rafferty's Pizza and
Beer & Wine Tasting from Spirits of Nisswa

Donated diapers will be given to:
the Mid Minnesota Women's Center,
Lakes Area Pregnancy Support
Center, and Central Lakes College.

Spirits of Nisswa
Rafferty's PIZZA

Here we grow again!



Welcome new **Park Rapids Lions!** Beth Stark and Wayne Epperson, Sponsor Zelda Novak, President Paul Wibe, Jeff Whiton, Sponsor Mary Peterson



Underwood Area Lions Club held an induction ceremony for our 8 new members.

W E L C O M E to the Underwood Area Lions Club!

We hope you like Pork Chops, because we grill a few thousand every year!

Pictured L to R:

1st Vice District Elect Governor Cathe Picek, new members Samantha Haugen, Patrick Dufault, Sponsors Jeff Haugen, John Quaal, Lowell Hoekstra, new members Jason Haugen, Ricky Leitch, Dustin Leitch, Justin Clark, Allen Lee. (Missing: Tim Enderson)



An energizing evening spent with the Lions of Menahga Gateway Lions 🦁
 An honor to assist Bert Nelson in presenting their Model Club award!
 Great Lions doing great service in their community.



The Palisade Lions Club were proudly showing off there Lions banner in the parade during the Palisade Mid-Winter Festival

You're going to Canada in April, eh?



It has been great meeting the Lions in our multiple as Pam and I have been attending the Mid-Winter conventions. We are hoping to make it to each one, weather and work permitting. Come check my table at the convention with this sign. I do have some jokebooks and pins that you may be interested in.

We do have a race for the endorsement of International Director. We need to show Lions Clubs International that the Lions from MD5M strongly support our members in the service they do for Lions.

I appreciate the support that I have been given already and I encourage your clubs to send voting delegates to the MD5M convention in April in Winnipeg, MB.

PDG Dennis Kelly III for International Director

Hello Lions,

I am not very comfortable talking about myself. My passion is to motivate, inspire, and challenge Lions to be the best that they can be. But I am asking for your vote, and I have an obligation to you to show that I am qualified and worthy of that vote.

Let's talk about impact.

In 2016 we started KidSight as a Multiple District program.. I was appointed by the Council of Governors as the program manager, tasked to get the program up and running. Within a year we had raised over \$250K, bought 32 systems, and trained hundreds of Lions. I continue to lead a team of dedicated Lions as the Chair of the Board of Directors. To date, you, and your fellow Lions in our Multiple District, have screened over 178,000 kids with over 21,000 referred for follow up by an eye care professional. This program has changed thousands of lives in and out of Lions, and that is impact.



In 2019 I was selected as the Multiple District Global Leadership Team Coordinator, responsible for all the leadership training and development for our multiple district.

We now offer 2 Leadership Institutes each year rather than 1 every other year. ELLI, Emerging Lions Leadership Institute, designed for Lions who have not been a club president to help build stronger clubs. And RLLI, Regional Lions Leadership Institute, designed to give our Lions enhanced leadership skills. RLLI is truly a "leadership incubator". Since 2011, the earliest year that I have records for, 502 Lions have attended of that number 100 or 20% have been or will be a District Governor. That's impact.

So, that is some of what I have accomplished in our multiple district.

Outside of our multiple I have:

Facilitated 6 RLLIs, 4 Advanced Lions Leadership Institute (ALLI), 4 Faculty Development Institute (FDI), plus one local FDI in California and Wisconsin.

I have earned the Lions Certified Instructor designation (LCIP), the highest instructor qualification awarded by Lions International and have facilitated 2 LCIP Institutes.

I have been entrusted by the last 3 International Presidents, Doug Alexander, Brian Sheehan and Dr. Patti Hill with the training of their incoming District Governors as a District Governor Elect Group Leader, one of 30 Lions from around the world, tasked with this important responsibility.

I am on the faculty of Lions University and have presented at 7 USA/Canada Leadership Forums.

But what do I offer you and the International Board as a member?

There are 10 major committees where a director can serve. I believe, based on my business and Lions experience, that I can add value to 6 of these committees.

Finance, Leadership Development, Marketing, Membership Operations and Services, Membership, and Service Activities,

But these are not the most important reasons I would like to serve on the board, I want to serve to represent you. To be your voice, to carry your questions and concerns to the highest levels of our association. To be able to help our districts solve local problems and provide guidance and motivation to our Lions and our leaders.

I would not have been able to accomplish any of this without a dedicated service partner, a Lion who can hold her own on any stage, the love of my life, my Lion Cheryl. Together we will work hard to make you proud as your representative on the International Board.

We need your support. Please plan on attending the Multiple District Convention in Winnipeg April 19-21 as a voting delegate. Together we can make our association the envy of all other service organizations in the world.



LCIF Gala

Paint the Town ~~RED~~ GREEN!



Sat, April 13, 2024
Prairie Event Center
Parkers Prairie, MN
10:30 am to 4:00 pm

If you want to join in on the fun that we will have with PIP Brian and Lori Sheehan with raising money for LCIF, than read below what you need to know and do.

Check with your District LCIF Coordinator to find your personal balance that you have donated to LCIF. If you want to be presented with a MJF plaque or PMJF pin by PIP Brian Sheehan, then you will need to order your plague/pin by Feb 29, 2024. You can contact LCIF Donor Services at 630-203-3836 to have the plaque/pin sent to you and bring it to the LCIF Gala if you are attending.

Tickets are now available through your District LCIF Coordinator for \$45 each or \$500 for a table of 8 (perks included).

The Gala will begin at 10:30 am at the Prairie Event Center with Lion Lori Sheehan leading a Lions in Motion activity at 11:00. There will be a costume contest with a green theme. Dinner will start at 12:30.

If you need a place to stay before or after the gala, a Grandstay Hotel is located next door with rates starting around \$157.00. Their phone # is 1-855-230-2535. There are also hotels available in nearby Alexandria, MN.

Any further questions please contact:
Bert Nelson 218-298-0599 or lionbert.a.nelson@gmail.com



LCIF Chairman Bert Nelson telling Melvin Jones all about the LCIF Gala in April.

Tickets are available thru District LCIF Coordinators

Erin Beck 218-851-7267 elb_18@yahoo.com

Zelda Novak 218-732-9295 zeldanovak530@gmail.com



Zone 1 Spring Meeting

Wednesday, April 10th

Northland Arboretum

14250 Conservation Drive, Baxter MN
Meeting is held in the basement. Enter on
basement level - south side of bldg.

5:30 - 6:30 pm social (cash bar)

6:30 - 7 pm dinner

(\$15 at the door)

7 pm meeting

Guest speaker: Abigail Peltier,
Minnesota Adult & Teen Challenge NEW
Women's Program

Lions items for discussion:
Elections, College of Leadership,
other

Thank you Baxter Lions for hosting.
RSVP's to Sue Stebbins:
rsteb2@gmail.com
218-851-2510

other questions, contact Terry Hansen, Zone 1
Chair 218-232-0229





Lions, Hop on over to McGregor for the **ZONE TWO MEETING**

Monday, March 25, 2024

Hosted by the McGregor Lions Club

Location – McGregor Community Center
41442 State Highway 65
McGregor, MN 55760

There will be an open bar – Silent auction

Social Hour at 5pm with dinner planned for 6pm

An outstanding Ham dinner with all the fixings.

Meal cost: \$15.00

RSVP BY MARCH 14

To: Sharon Whipple

At 218-390-0526

mean.gene@frontiernet.net

All RSVP's must be paid for by the
Club or person!





SAVE THE DATE

ZONE 7 SPRING MEETING

APRIL 22ND 2024

CAMPBELL LIONS CLUB

CAMPBELL COMMUNITY CENTER

SOCIAL 5:30 PM

MEAL 6:00 PM

MEETING 6:30 PM

SPEAKER

IPDG SCOTT ROLFE

RSVP DIANE KUNZE BY APRIL 10TH

CALL OR TEXT : 218-671-0885 OR

EMAIL: DIANEHANSEN_LINK@HOTMAIL.COM



What can each Lion in our clubs do to Change the World?

Let's look at some simple ways that each of us, as Lions, can **Change the World** in the next 4 months.

° **March** - recommend or send a new member of your club to the Emerging Lions Leadership Institute (ELLI). It will be an investment in your club's future.

° **April** - review the service and fundraising projects for this month and include other club members in your zone to participate with you. Show them what we do, how we do it and how we have FUN doing it.

° **May** – plan on participating in an Environmental project with your club, zone or community. Ask others to come with you to a District project this month or in the future.

° **June** – end this year with gratitude for the impact you were able to make and celebrate the many things you did to **Change the World** in 2023-2024.



Easter Egg Hunt

Emily City Hall

Sat. March 30, 2024
Time: 10:00 am sharp
Ages 1 - 10 years

- Bring your own bag or basket
- Dress for the weather!!!
- Be prepared to have some fun!
- Sponsored by the Lakers Lions



PILLAGER LIONS BINGO/ SILENT AUCTION ADMIN FUNDRAISER



WHEN: March 23, 2024, 5:30pm - 8:30pm

WHERE: Pillager Community Center

WHAT: Bingo: 6pm to 8pm, \$1 per sheet of 3

Silent Auction: 5:30pm to 7:30pm

Door Prize/Grand Prize Tickets: -4- Tickets for \$5.00. Both drawings will be held at 8:15.

WHO: Lions Only

There will be coffee, pop, water and snacks available (free will offering). Please come and have some winter fun! Meet and greet old Lions friends and make some new ones!



SEE YOU THERE!

Bowling



FREE PRIZES



March 9th 2024 \$120/team
4 Person
 Two shifts—4:30pm and 7:00pm
 Voyageur Lanes, Detroit Lakes

Registration accepted by contacting

Brenda Wieland
 Phone: 218-850-2926
 Email: lionsclub.detroitlakes.mn@gmail.com
 Facebook: Detroit Lakes Lions Club
 Website: www.e-clubhouse.org/sites/detroit-lakes



hosted by
Detroit Lakes Lions

The need is constant.
 The gratification is instant.
 Give blood.



The Lakers Lions Blood Drive
Outing Town Hall

6300 Woods Bay Drive

Wed. March 13, 2024

12 noon – 6 pm

To make an appointment: Lion Kathy Harvet
 218-821-4668 or go online to redcrossblood.org

Hope to see you there

Hosted by the Nevis Lions Club & Sponsored by Local Businesses.

20th Annual Nevis Easter Event:

**SATURDAY,
MARCH 30TH, 2024
MUSKIE PARK
EVERYONE WELCOME!**

Get a picture with the Easter Bunny and Pork Chop the Pig

EVENT SCHEDULE:

- 1:00 - BIKE DRAWING REGISTRATION
- 1:30 SHARP - EGG HUNT

AGE GROUPS: 0-3, 4-6, 7-9, 10+

- 2:30 - BIKE DRAWING



MUST BE PRESENT TO WIN



13TH ANNUAL HUBBARD COUNTY CHILI CHALLENGE



.....

All proceeds benefit the Hubbard County Food Shelf
Park Rapids American Legion
Wednesday, March 6
11AM TO 1PM

Nevis Lions Club
Chef Jesse will be serving:

WHITE LIGHTNING CHILI

"It should be illegal in all 50 states."

The Merrifield Lions Club will be having their Easter Egg Hunt again! It will be on

March 30, 2024



at 2pm at

Merrifield Lions Park. Hope to see you there!



Proud Lions



Riverside Fergus Falls Lions are selling 18x24 yard signs for \$15. These signs say "A Lion Lives Here" with the International logo and has a gradient yellow background with a metal stand. Contact Lion Ginny Paulson at 218-639-0921 to place an order.

"WE SERVE"
WHERE THERE'S A NEED
THERE'S A LION



HEAR ME ROAR!



Jersey Mike's Month of Giving!

March is Jersey Mike's Annual Month of Giving. All 54 Jersey Mike's locations in Minnesota will be encouraging customers to donate to Special Olympics Minnesota throughout the month.

Save the date: Jersey Mike's Day of Giving is Wednesday, March 27. 100% of sales (not just profits!) support Special Olympics Minnesota on this day. Eat some sandwiches and support SOMNI!

Jersey Mike's SUBS



SPONSORED BY
AITKIN LIONS CLUB

**DONUTS
WITH DADS**

Dads are invited to come to school with their students and enjoy a donut in the cafeteria on

Thursday, March 14

Donuts will be served from 7:15 to 8:25 am.



Proud Lions



Pelican Rapids Area Lions Club

Pancake Breakfast

**March 16, 2024
6:30 - 11 am**

**@ Faith Lutheran
Church**

**423 S. Broadway,
Pelican Rapids**

Free Will Offering

Serving
pancakes,
sausage,
coffee &
juice



Can Do Canines to Host Open House March 9

Can Do Canines invites you to attend an open house on Saturday, March 9, from 12-2 p.m., at its Can Do Canines campus (9440 Science Center Drive, New Hope, Minnesota). Potential volunteers, clients, or anyone who might be interested in supporting the organization are invited to attend to learn how an assistance dog changes the life of a person with a disability.



Through a self-guided tour, attendees will be able to watch a trainer working with an assistance dog, hear from a volunteer dog host, talk with staff members from the volunteer department, pose questions to client services coordinators about the application process, and meet graduate teams from each of the five types of areas Can Do Canines trains dogs: hearing, mobility, seizure, diabetes, and childhood autism.

There is no pre-registration for this event, though attendees will be asked to share some contact information when arriving.

More information about Can Do Canines is at www.candocanines.org.



SAVE THE DATE! JUNE 1, 2024

*Bring the whole family for a day of
fun & to help raise money to*
D-Feet Hearing Loss

2 Locations:

**Diamond Point Park - Bemidji, MN
Minnesota Landscape Arboretum - Chaska, MN**

Register at:

<https://secure.qgiv.com/event/2022mlhfwalk/>



Total District 5M9 Service/Environment Projects as of December 31, 2023:

30 Clubs Participating 299 Projects Way to Serve Lions!

Celebrate Earth Day with Service

Earth Day is April 22. Now is the time to start planning a great project that will get your club and your community involved in protecting and preserving our planet. Check out the new environment service area resources for inspiration for your project. [GET STARTED](#) 

Get your club involved in one of these environment service areas and see how your service will help achieve the **UN Sustainable Development Goals**.

TREE PLANTING AND TREE CARE

Improve your community through the planting of locally appropriate tree seedlings or saplings, contributing to cleaner air and a healthier environment.

ENVIRONMENTAL CLEANUP AND RESTORATION

Protect nature and habitats by cleaning debris and shielding pollutants from harming ecosystems, marine life, and the community.

RECYCLING AND WASTE MANAGEMENT

Conserve resources and reduce waste to minimize adverse impacts on sustainability.

ENVIRONMENTAL AWARENESS, EDUCATION, AND ADVOCACY

Raise awareness of the importance of protecting the environment, educate your community members, and create positive change.

CLEAN WATER & SANITATION

Ensure safe water and adequate sanitation for all, promoting better health outcomes around the world.



5M9 Zone Chairs



Zone 1 Chair	Terry Hansen	Zone 6 Chair	Robert & Debra Jacoby
Zone 2 Chair	Sharon Whipple	Zone 7 Chair	Diane Kunze
Zone 3 Chair	Marna Lohse	Zone 8 Chair	Connie Krusemark
Zone 4 Chair	Laurine Kommer	Zone Chair Advisor	2VDG Cathe Picek
Zone 5 Chair			



15th Annual Minnesota Lions Diabetes Foundation Research Update **March 16, 2024**

Hosted by the Minnesota Lions Diabetes Foundation, Inc.

More than 29 million people in the United States are living with diabetes—a growing number that includes 340,000 people in Minnesota alone. Unfortunately, that number is on the rise.

Join us at the annual Minnesota Lions Diabetes Foundation Research Update to hear from University of Minnesota scientists, who are conducting leading-edge research aimed at both preventing and curing diabetes. Learn first hand how these scientists, funded by the Minnesota Lions Diabetes Foundation, are making a direct impact in our community, state, and beyond.

Following the research presentations, guests will have the chance to interact with the scientists one on one, learn more about their research, and ask questions.

Saturday, March 16, 2024

11 a.m. Registration and Social
 12 p.m. Lunch
 1 p.m. Program
 2:30 p.m. Meet n' Greet with Scientists

Best Western Plus Kelly Inn
Sunwood/Congress/Senate Ballroom
 100 4th Ave. S.
 St. Cloud, MN 56301

Faculty Research Presentations:

- Development of a Next-Generation Approach to Fight Inflammation and Type 2 Diabetes - Dr. David Bernlohr
- Curing Diabetes by Stopping the Body's Immune System - Dr. Brian Fife
- Bringing Immune Tolerance to the Clinic for People with Diabetes and Kidney Failure - Dr. Sabarinathan Ramachandran and Dr. Brian Flanagan
- Production of Genetically Engineered Pigs as Donors of Organs for the Treatment of Diabetes and its Complications - Dr. Christopher McGregor

RSVP by Tuesday, March 5

RSVP via email to MNLionsDiabetesFdn@gmail.com

A Zoom link will be emailed to those unable to attend in person.

Please request Zoom link by email above.

A confirmation email will be sent prior to event.





MN Lions Diabetes Foundation Physical Activity Challenge - 3rd Annual Fundraiser!

February-March-April 2024

Greetings Lions of 5M9,

The Minnesota Lions Diabetes Foundation is asking each Lions club within Minnesota and each lion within our clubs to join us in this fundraising activity.

Your Health – Diabetes is often brought on by heredity and by individual lifestyle. Physical activity and food choices are key to preventing diabetes and improving health. Again, this year we are including a physical challenge to our annual fundraiser. You choose to do the activities that you enjoy. During these winter months we can all use a challenge to help get started and keep moving. You may go your own way or gather friends and family to share in your activities.

Your Financial Support – By registering/donating you will be helping finance the critical research being done to find a cure for Type 1 and Type 2 diabetes. Each day we see people in our community and around the world who suffer from the effects of diabetes. Imagine no diabetes in our world!

To Register/Donate, go to <https://secure.ggiv.com/event/mldfstrides2024/> – OR –
Checks/Money can be mailed to MLDF Treasurer, 11070 15th St NE, St. Michael, MN 55376

The University of Minnesota, with the help of Lions, is making progress. Humans have had eyelet transplants that have cured them of diabetes, and FDA approvals are progressing on research projects. But we have a way to go to make some of these incredible advances available to everyone.

GO THE EXTRA MILE – For Diabetes Awareness. We THANK YOU for your support.

*"Catch the Dream"
...Life Without Diabetes!*



Lion Angie Hauge
Angiehaug@hotmail.com

Lion Carl Bates
Eaglec45@charter.net

Minnesota Lions Diabetes Foundation, Inc. EIN 26-3238179 is a non-profit tax-exempt corporation under Section 501(c)3 of the Internal Revenue Service Code.



Lions of 5M9

How would you like to be the recipient of a Melvin Jones Fellow or become a progressive Melvin Jones Fellow?

The rules are simple, for every new member you sign up between February 1st, 2024, and June 15th, 2024, your name will be entered to receive a Melvin Jones Fellowship. Each new member you bring in will get you one entry into the drawing.

One name will be drawn on June 16th, 2024, and the winner will be notified. Once the plaque arrives District Governor Linda Albrecht-Norby will come to your club to make the presentation at a meeting of your choice.

The only exclusion will be Charter Members from the new club. Otherwise, any new member that is entered into the system by June 15th and a sponsor is listed will be eligible to receive a Melvin Jones.

So, enter early and often to have a chance to become a Melvin Jones Fellow.

District Governor Linda Albrecht-Norby

District 5M9

Learning Opportunities

Lions University: Provided by the Forum since 2014, you can take all the courses you want for free, however graduation requirement do include attendance at events.

@ lionsuniversity.org

Lions Learning Institute: LCI's online learning portal.

@lionsclubs.org

Lions Virtual: Ongoing Zoom educational and social activities, and a mobile app that incorporates social sharing and other resources.

Global Lions Forum: Facebook Group with great discussions on topics of interests to Lions.



EMERGING LIONS LEADERSHIP INSTITUTE **ELLI**

This institute is for Lions who wish to pursue leadership roles within their club. You will learn the history and goals of LCI and LCIF, develop strategies for being an effective leader, creative thinking, change management and collaborate with a diverse group of fellow Lions.



March 15-17, 2024

Shooting Star Casino

777 Casino Dr, Mahanomen, MN



The cost of the institute is \$100 USD which includes all training materials and meals. Lodging is available at the casino hotel for \$85 USD per night.

Additional details and the application can be found on the MD5M website: lionsmd5m.org under resources.

Contact Lion Dennis W. Kelly III, MD5M GLT Coordinator at dkellylion@gmail.com with questions.

Emerging Lions Leadership Institutes (ELLI)

The goal of this institute is to prepare Lions for leadership positions at the club level.

Qualified candidates are:

- Lions in good standing
- Have successfully served on a club committee and have not yet obtained the level of club president.

It is strongly recommended that the club's first vice president attend.

This institute and accommodations will be at Shooting Star Casino ,777 Casino Dr, Mahnomen ,MN. Hotel rooms will cost \$85 USD per night not including tax. Reservations must be made by Friday, March 1st. Lions will be allowed to commute to the Institute providing they can do so from a safe distance and attend all Institute functions.

The cost of the Institute is \$100 USD in addition to lodging and travel expenses. The Multiple District will provide all meals and training materials.

Courses will include:

- Lions, Past, Present and Future
- Change Management
- Supporting Lions' Teams
- LCIF
- Communication
- Conducting Effective Meetings
- Diversity
- Lions Mentoring Program
- Creative Thinking
- Ensuring Club success

The deadline to submit your completed application to your District Governor is February 23rd, 2024.

MD5M EMERGING LIONS' LEADERSHIP INSTITUTE

MARCH 15-17, 2024, MAHNOMEN MN

PARTICIPANT APPLICATION FORM

MUST BE SUBMITTED to your DISTRICT GOVERNOR no later than February 23, 2024

PLEASE PRINT

NAME: _____ DATE JOINED LIONS: _____

ADDRESS: _____

E-Mail ADDRESS: _____ TELEPHONE NO: _____

CLUB NAME & NUMBER: _____ MEMBER NUMBER: _____

CURRENT OFFICE HELD: _____

OTHER OFFICES HELD: _____

I WAS REFERRED BY: _____

WHY DO YOU WISH TO ATTEND THE MD5M EMERGING LIONS' LEADERSHIP INSTITUTE?

Use the back of this document or add another page if you require more space.

Any food or other allergies? _____

APPLICATION MUST BE SIGNED BY THE FOLLOWING:

APPLICANT: _____ DATE: _____

CLUB PRESIDENT OR ZONE CHAIR: _____ DATE: _____

NOTE: The registration fee for the Institute will be \$100 USD. This fee will be payable by check or credit card before you can attend the Institute. You will be notified of your acceptance and provided with the payment information by March 1st 2024.

District 5M9

College of Leadership

Sunday, April 28, 2024

Wadena Deer Creek School

600 Colfax Ave SW, Wadena, MN 56482

12:30 – 5:00 pm

Training Seminars for the following positions

President / Vice President	Secretary
GST – Service Projects	Treasurer
GMT – Membership Ideas	Zone Chair
LCIF Club Coordinators	Orientation Leader

Anyone is welcome, but new officers are highly recommended to come and attend to be kept up to date with current duties and obligations.



coffee and cookies will be served



104th - MD5M Multiple Convention
Victoria Inn Hotel & Convention Centre
April 19th-21st, 2024, Winnipeg, MB, Canada



2024 MD5M Registration Form

Date Rec: _____

You can put two names on a form

Lion ☐ Lioness ☐ Leo ☐ Guest ☐ 1st Timer ☐

Name & Title _____

Address _____

City/Town _____ State/Prov. _____

Zip/Postal _____ Phone _____

District & Club: _____

Email _____

**2024 MD5M FULL
REGISTRATION
\$220.00 CDN
\$165.00 USD
MAKE HOTEL
RESERVATIONS EARLY**

Special Dietary Needs: Vegetarian, Gluten Free, Allergies _____

(Convention Committee is not responsible for any food allergy reactions - This is a **SCENT FREE** event)

I am attending the convention but **NO** meals are required. \$0.00 cost to attend ☐

Full Hospitality Book (Inc. Friday night event, Saturday Breakfast, Lunch, Banquet & Sunday Brunch)

	\$ AMOUNT			
Full Hospitality Book	\$220.00	CDN	\$165.00	USD
Friday Night Social	\$ 50.00	CDN	\$35.00	USD
Saturday Breakfast	\$ 35.00	CDN	\$27.00	USD
Saturday Lunch	\$ 50.00	CDN	\$35.00	USD
Saturday Banquet	\$ 65.00	CDN	\$48.00	USD
Sunday Brunch	\$ 45.00	CDN	\$33.00	USD

Place Total
amount in
this box if
attending
only
separate
events

NO meals available after March 31st, 2024 - **Make cheques payable to "Lions Convention"**

Mail registrations to: **MD5M Convention % PDG Dave Hollyoake, Box 204, Arnes, Manitoba, Canada R0C 0C0**

Cancellations prior to March 31st, 2024 will have a 25% processing fee applied, **NO** Cancellations after March 31st, 2024.

HOTEL INFORMATION: Victoria Inn Hotel & Convention Centre, 1808 Wellington Ave. Winnipeg, MB R3H 0G3
 Call 204.786.4801 or 1.877.842.4667 email winnipeg.vicinn.com Ask for Group # 178163 "Lions Convention" rates
 For more information contact: Registration Committee PDG Dave Hollyoake e 2024md5mconvention@gmail.com
 or his cell 1.204.797.5930 or Convention Chair PDG Doug Wiers - cell 1.204.326.0189 e dougwiers13@gmail.com
 Room rates CDN \$\$ - Standard \$134.00, Deluxe \$144.00, Corporate Floor \$154.00 & Suites @ \$184.00 CDN



**5M9 District Governor
Linda Albrecht-Norby
Club Visit Form**



We will be splitting the District Governor visits between District Governor Linda- Zones 1, 2 3 & 5, 1st VDG Denise Laudenbach- Zones 4 & 7 and 2nd VDG Cathe Picek – Zones 6 & 8. This is so that the clubs will become familiar with the upcoming officers. If you are having a special awards night and wish District Governor Linda to attend, please let us know and we will be happy to accommodate your request.

Please use this form and not an email!

Club Name: _____

Club Location: _____

Address: _____

City _____ Zip Code _____

Dates for club visits: 1st Choice _____

2nd Choice _____

3rd Choice _____

What time social hour begins? _____ What time does club meeting begin? _____

Do you have a Board meeting? Yes ____ No ____ DG team attend the Board meeting? Yes ____ No ____

Are there other Lions clubs or Leo clubs involved for the visit? Yes ____ No ____

Please list other Clubs or Leos _____

Will you have a meal? Yes ____ No ____

Contact Phone # _____ Email address _____

Will the DG team be expected to install officers? Yes ____ No ____

If yes, please send names of new officers. If inducting new members, please have the LI New Member kit for IP Dr. Patty Hill. Please send a list of new member names & sponsor names, so I can prepare the certificates.

Will the DG team be expected to give out awards to club members? Yes ____ No ____

If yes, please send information stating the awards and the names of those receiving the awards. Please have awards, certificates, pins or changes in installation or inductee ceremony available when we arrive for the Governor's visit. We are looking forward to coming to visit your club!

Mail to: District Governor Linda Albrecht-Norby, 1021 5th Avenue NW, Perham, Mn. 56573

Email: pdglinda@gmail.com Phone: Cell: 218-298-4743 Home: 218-346-3200

District Governor Team Travels



March 2024

S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3		1	2	3	4	5	6
4	5	6	7	8	9	10	7	8	9	10	11	12	13
11	12	13	14	15	16	17	14	15	16	17	18	19	20
18	19	20	21	22	23	24	21	22	23	24	25	26	27
25	26	27	28	29			28	29	30				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	1	2
3	4	5	6 DGE Fd. Tours-Roseville	7 DGE Training-Roseville	8 DGE Training-Roseville	9 COG's-Roseville
10	11	12 Perham-1st V DGE Cathe	13 Zone 4 Mtg.-Nevis Hosting Red River Bar-Akeley	14 Leader-DG Linda	15 Friendship Banq.-Roseville	16 6-11am-Pelican Rapids Pancake Brkfst-Faith Luth.
17	18 Brainerd-DG Linda	19 Vergas-1st VDGE Cathe	20 Merrifield-DG Linda	21	22 ELLI-Mahnomen	23 ELLI-Mahnomen
24 12pm- 24/25 Goals	25 Jenkins-DG Linda	26 2025 Convention Mtg. Nisswa	27 7pm-GAT Zoom Mtg.	28 Cuyuna Range-DG Linda	29	30
31	1 Campbell-DG Linda	Notes				

April 2024

S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3		1	2	3	4	5	6
3	4	5	6	7	8	9	5	6	7	8	9	10	11
10	11	12	13	14	15	16	12	13	14	15	16	17	18
17	18	19	20	21	22	23	19	20	21	22	23	24	25
24	25	26	27	28	29	30	26	27	28	29	30	31	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6 Diann Bates Visitation 10A 11A Celebration of Life Family FC-7348 Excelsior Rd 1
7	8	9 Palisade-DG Linda	10 Zone 1 Mtg.-Northland Arboretum, Baxter	11 Backus - DG Linda	12	13 LCIF Gala Parkers Prairie EC
14	15 TAX DAY! 50th Anniversary Northland Remer	16 2025 Convention Mtg. Aitkin-DG Linda	17 Deer Creek-DG Linda	18	19 COG's Mtg. MD5M Convention Winnipeg	20 MD5M Convention Winnipeg
21 MD5M Convention Winnipeg	22 Zone 7 Mtg.-Campbell CC Otertail-1st VDGE Cathe	23	24 7pm GAT Zoom Mtg.	25 OT Lions Blood Drive OTCC - 2:30-6pm	26 GAT Team Mtg. Finalize goals,objectives	27
28 5M9 Spring Training Wadena HS 12:30-5:30pm	29	30	1	2	3	4
5	6	Notes				

How to submit an article

Please submit material for these sections. by the 15th of each month for the following months newsletter.

I would like to publish your most recent community service and your upcoming fundraisers, in which Lions from other clubs could, perhaps, participate.

Submit pictures, flyers or text. In photos please put names of who is in it. When possible, send photos in jpeg format and articles as a pdf. Use of word document is also acceptable.

Contact me for assistance or with questions

Submit to: 5m9newsletter@gmail.com

Sue Stebbins editor



5M9 Service Journal



This publication is of, by, and for the Lions, & Leos of District 5M-9

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H: 218-346-3200

pdglinda@gmail.com

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Denise Laudenbach (Joe)

18010 Buckman Trail

Brainerd, MN 56401

C: 218-851-8884

deniselaudenbach@yahoo.com

2nd Vice District Governor

Cathe Picek (Jerry Bohnsack))

24254 Placid Dr.

Deerwood MN 56444

218-330-7804

cathe.picek@gmail.com

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