

Jim Arvidson  
5M9 District Governor

# CRUISING! TO SERVE

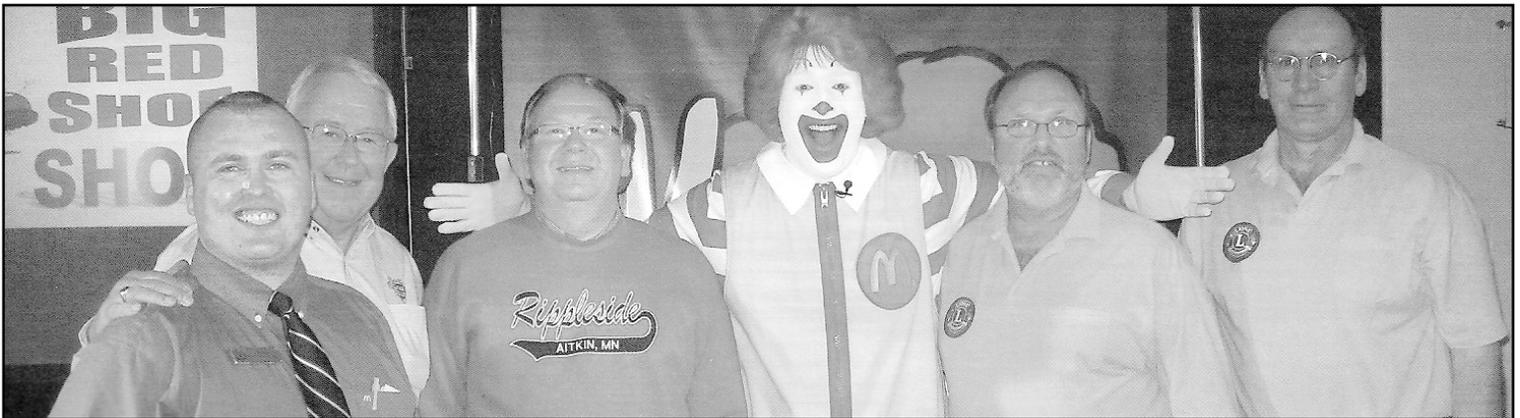
District 5M9



Volume 13, No. 9 • March 2010

Check out [www.lionsof5m9.org](http://www.lionsof5m9.org) and [www.lionsmd5m.org](http://www.lionsmd5m.org)

## The State's Pop Tab Collecting Capital Aitkin, Minnesota



*Story from Hot Dish: From Our House To Yours  
Ronald McDonald House Charities, Upper Midwest*

Lions Clubs are known for their unique service projects and Aitkin, Minnesota's Lions club has continued that tradition by establishing a program to encourage local support of RMHC's pop tab program. The Aitkin Lions club is raising awareness for the Ronald McDonald House of the Twin Cities while hosting the the Midwinter convention of District 5M-9. In a pre-conference letter, they have challenged the Lions clubs of central Minnesota to collect and bring pop tabs for RMHC to the convention in January.

The Aitkin Lions Club supports teachers and students of Rippleside Elementary School in their endeavor to collect pop tabs for Ronald McDonald House Charities, Upper Midwest. Although many schools and civic groups collect pop tabs to raise funds for the House, this collaborations has become a community affair. Almost every business and home in Aitkin has a pop tab house proudly displayed for collecting tabs. The students enlist the help of relatives in other areas to collect tabs in their home communities so they can be counted as part of the annual Rippleside donation.

The donation has become a wonderful mathematics project for the local students, allowing them to visualize numbers and see "one-million" of a certain item. Even more importantly, students learn that a small, near weightless pop tab, when combined with thousands and mil-

lions of other tabs, becomes a valuable donation which provides housing, meals, programs and education for families staying at the House.

Each spring, the Lions club provides an all-school celebration for their collection efforts. Ronald McDonald is on hand to thank the students and present his funny and informative Bully-Buster program. During the school assembly the winners of the weigh-in are announced. The winning class receives a pizza party and cash prizes to be used for their classroom's needs. Prizes, including bookstore and restaurant gift certificates, are awarded to the teachers of the top classes. At the end of the school year the lions have an ice-cream social for all the students, as well.

This year the Lions club offered to donate a \$1,000 to the Ronald McDonald House if the kids could bring in an additional 1,000 pounds of pop tabs in the remaining few weeks of the school year. The kids succeeded, so in July several members of the Aitkin Lions Club toured the House and brought the check along with boxes of pop tabs.

The Ronald McDonald House appreciates the inspirational and community building efforts of the Aitkin Lions Club with their challenge to their small town and 2010 conference attendees. For more information on collecting pop tabs or to get you school involved, check out our website or contact Katie Dahill at [katie@rmhtwincities.org](mailto:katie@rmhtwincities.org) or 612-767-2788.



# Classic Lion Tails

Jim Arvidson, Lions District 5M-9 Governor



## DON'T WORRY ..... BE HAPPY!!

I was reminded of that a few weeks ago when the McGregor Lions presented me with a Billy Bass. This is a fish that you hang on the wall and when you push the button it sings you a song, such as "Don't Worry - Be Happy!"

When I began the Year, I will have to admit that I did Worry. I worried about being in the right place at the right time, saying the right thing, and getting things done on time. I worried about helping clubs and members with questions they may have about a certain project. I worried about a lot.

But, that worry disappeared quickly and was replaced by a lot of Happiness!

I only have smiles, admiration and happiness when you see over 2500 LIONS in our District go to work to "SERVE" our Communities - Locally and Globally!

Linda and I have seen or heard about so many stories where people have benefited from what LIONS do. But, it's the stories that we hear when we come to visit your club that we enjoy the most.

I don't care if your club has 10 members, or 100 members the work that you do as LIONS really does "MAKE A DIFFERENCE!"

Thank you!

However, the Work continues. We have much to do yet. I challenge each and every club to end the year with a positive membership of at least plus one or two. All you need to do is **Ask!**

The Mission to Mexico will be happening soon, Scootin' to the next Level will be quite a trip,

Project New Hope Mustang Raffle is exciting, Camp KACE needs our help. But, so does all the major projects. Do what you can.

**BELIEVE IN WHAT YOU DO, HAVE THE ATTITUDE TO GET IT DONE, AND HAVE A PURPOSE FOR DOING IT!**

DG Jim

OLE:

The most important part of a Goal..... Is Having One!!

## "A Classic moment"



**Governor Jim and 1st Lady Linda were very "Happy" when they celebrated their Anniversary with the Underwood Lions and Lioness!**

## CRUZIN' TO SERVE 5M9 Newsletter



This is a publication of, by and for the Lions, Lioness, & Leos of District 5M-9.

### District Governor

Jim Arvidson (Linda)  
10858 625th Ave.  
Parkers Prairie, MN 56361-9611  
H (218) 338-5051  
Fax: (218) 639-5323  
momdad@midwestinfo.com

### Vice District Governor

Linda Albrecht-Norby (Jay)  
32106 Mallard Dr.  
Vergas, MN 56587-9355  
R: 218-342-3243 C: 218-234-7176  
B: 218-998-1407  
ljnorbs@eot.com

### Cabinet Secretary

Carol Thaemert  
P.O. Box 223  
Aitkin, MN 56431  
H (218) 316-2737 C(952)393-4045  
W (218) 927-7315  
cethaemert@charter.net

### District Treasurer

Richard "Dick" Berquist (Diane)  
57090 Co. Hwy. 138  
Parkers Prairie, MN 56361  
H (218)338-9401  
C (218)639-4176  
kege0003@umn.edu

### Editor

Bert Nelson (Pamela)  
40606 Co. Hwy. 67  
New York Mills, MN 56567  
H (218) 385-3956  
C 218-298-0599  
bertpamnelson@gmail.com

Please submit stories, photos with captions, ads and other material to the editor before the 15th of the month.

Subscriptions are \$8 for one year.

# “On the road again”

## March

- 4 Wolf Lake/Frazee Lions visit
- 7 WDC/Bluffton Leos visit Bluffton
- 8 Fergus Falls
- 8 Zone 7 mtg, Perham
- 11 Nevis Lions visit
- 12 Parkers Prairie Orientation
- 16 Zone 4 mtg
- 19 Can Do Canines Tour, New Hope
- 20 Council of Governors - Roseville
- 22 Lake Park Lions visit
- 23 Zone 9 mtg, Ottertail
- 27 Membership Campaign - Brainerd
- 29 Pequot Lakes Lions visit
- 30 Zone 2 mtg, Palisade

## April

- 2 Scootin' to the Next Level, Ottertail
- 10 Four Wheeler Run, Parkers Prairie
- 11 Cabinet mtg, Wolf Lake
- 12 Guthrie Nary Lions visit
- 13 Akeley Lions visit
- 13 Zone 6 mtg, Sebeka
- 14 Hill City Lions visit
- 15 Zone 3 mtg, Whitefish Area,
- 17-18 Smelt Fry, Parkers Prairie
- 21 Brainerd Lakes Lions visit
- 23 Council of Governors Mahnommen
- 23-25 MD5M Convention
- 23-30 “Scootin' to the Next Level” Moorhead to Mpls. Target Field
- 26 Baxter Lions visit
- 29 Zone 5 mtg, Verndale

## May

- 1 Lakeland Hospice Extravaganza, Fergus Falls
- 1 “Make A Wish” Ball Target Field Mpls.
- 2 College of Leadership, Wadena
- 6 Backus Lions visit
- 10 Deerwood Lions visit
- 13 Hackensack Lions visit
- 18 Aitkin and Aitkin Riverboat Lions visit
- 24 Henning Lions visit
- 25 Bay Lake Lions visit
- 26 Pillager Lions visit and 25th Anniversary
- 26 Zone 1, Pillager

## June

- 14 Merrifield Lions visit
- ? Parkers Prairie Lions visit
- 28 International Convention Sydney, Australia

# Lions

## Heartbeat of 5M9

*Linda Albrecht-Norby*  
*Vice District Governor 5M9*



The month of March will either come in like a lion or go out like a lamb or vice versa. Not to mention that some of us have a little Irish blood running through our veins, for that wee bit of Irish Luck!

So we wear, eat or drink the color of green, all of us hoping to find that pot of gold at the end of the rainbow. Whether we have a little or a lot of luck, we are truly Lucky Lions for being a part of the Lions Organization. That luck, if you will, has brought us many opportunities to serve our communities, district and the world. From the grass root lions, in each of our clubs. to the International President, we are all here to Serve.

District 5M9 started Project New Hope just a couple of years ago. A dream that has come true and with the hard work of believers for this project, it is in fact a reality. Combat Vets and their families are getting the help they need, before it's too late. But with every new idea, we are looking for that pot of gold to fund it.

This year 5M9 will be sponsoring a raffle to help raise funds for this project. We will be raffling off a 2011 Ford Mustang Convertible, to be given away on August 26, 2010. With that, we need the help of every Lion of 5M9. We need to sell all the tickets to make this dream come true and raise the funds to get this snowball rolling. If we all pull together we can sell every ticket and have a great fundraiser for Project New Hope. We need to sell tickets wherever we can! Start in your communities at any events coming up. If it's a Lions event, there should be a table set-up to sell raffle tickets. After all, if we can show the world that we are the 3rd best new project in the world, we can do anything!!!!!! Let's put our project where our mouths are and make it our biggest fundraiser for our District 5M9.

Just a reminder, tickets can be obtained from:

PDG Pete and 2nd VDGE Margaret Van Erp  
38214 610th Avenue, Bluffton, Mn. 56518  
218-385-3446

Get your tickets and let's start selling at the pancakes feeds, fish fry's. community trade shows, Horticulture days, Sporting events & community annual events. Let's all remember Melvin Jones personnel code, “You can't get very far until you start doing something for somebody else.”

So let's all SELL, SELL, SELL!

The Mid-winter conventions through out the multiple district are behind us and we need to move forward to prepare for the coming year of leadership. It's not too early to start looking for leadership for the future. Whether it's to the club, district or multiple level, our future depends on the future leaders walking among us. Elections need to be completed soon and have your leaders ready for the next year. With new leaders, comes training and education, so please mark May 2 on your calendars for the College of Leadership in Wadena. You are never too old or young to learn. What better way than attending the MD5M Convention on April 23-25 in Mahnommen. Come meet new Lions friends, attend seminars, watch Roberts Rules of Order in action at the business meetings and by all means come for the FUN!

Start thinking about the 2011 Institute of Leadership. We have had a great response in the passed from the Lions of 5M9. If you have thoughts of stepping forward to be a leader in your district, this is the opportunity for you. It is a training session that will prepare you for the future, no matter what you want to take on. Let your club president, Zone Chair, VDG's or DG know you interested in serving beyond your club to prepare for whatever the future holds. Believe in your dreams and make them come true and ROAR with the Lions Organization.

I will continue my training and be attending the DGE training this month and the VDGE's will be starting their training soon too. We are all working hard to serve 5M9 and I look forward to working and meeting all the Lions of 5M9. Continue all the great work you do and continue to follow our motto “We Serve.”

Walking the Path of Service  
VDG/DGE Linda Albrecht-Norby

# “Hope for Haiti”

As of February 5th, Lions/LCIF’s “Hope for Haiti” has mobilized more than US\$1.9 million. Lions Hope for Haiti is Lions and LCIF working together to provide relief and hope for the people of Haiti. Donations are continuing to pour in from individuals, clubs and districts.

LCIF is working directly with Lions of Haiti as well as Lions in neighboring countries to assess the immediate needs and also develop a long-term reconstruction plan. An initial truckload of relief supplies has been transported by Dominican Republic Lions to Haitian Lions and Leos, and supplies were distributed to an orphanage and hospital. A second supply of goods will be distributed in the coming days by Lions. Two hundred tents are being set up for victims and relief workers to establish three Lions tent city.

Currently, LCIF is working directly with Lions of Haiti as well as Lions in neighboring countries to continue to assess and address critical immediate needs and also develop a long-term reconstruction plan. An initial truckload of relief supplies has been transported by Dominican Republic Lions to Haitian Lions and Leos, and supplies were distributed to an orphanage and hospital. A second supply of goods will be distributed in the coming days by Lions. More than 200 tents are being set up for victims and relief workers to establish three Lions tent city.

## VIDEO OF LCIF'S WORK ON THE GROUND IN HAITI:

<http://www.lionsclubs.org/EN/lci-foundation/haiti-relief/index.php>

## Win a DG Jim’s Suburban



Governor Jim Arvidson invites you to participate in the “CLASSIC SHOW” where you could be a winner.

Every Sunday for six weeks a new classic will appear somewhere on one of the pages on the Lions of 5M-9 website [www.lionsof5m9.org](http://www.lionsof5m9.org). The classic can be viewed from Sunday through Saturday of that given week.

## Lions we will miss

Eugene Boe                      Dalton Lions Club  
 Quentin Walseth              Frazee Lions Club

Club secretaries, please review and send or email your deceased member’s photo to: Lion Jim Johansen  
 8103 210th Street North, Hawley, MN 56549  
[jkjohansen@juno.com](mailto:jkjohansen@juno.com) 218-483-1121

This will help make the Service of Remembrance even more meaningful with a picture of your past member.

## PHOTOS OF LIONS WORK IN HAITI/LCIF

Chairperson Al’s visit the other week:

<http://www.flickr.com/photos/lionsclubsorg/sets/72157623296743258/>

## TESTIMONIALS FROM LOCAL LIONS:

<http://lionsclubs.org/EN/lci-foundation/haiti-relief/testimonials.php>

## A LISTING OF SOME OF THE HAITI DONATIONS RECEIVED/PLEDGED:

<http://lionsclubs.org/EN/lci-foundation/haiti-relief/lions-respond.php>

Examples of what LCIF can do with certain disaster relief donation amounts & link to donate online:

<http://lionsclubs.org/EN/lci-foundation/haiti-relief/donate.php>

Send your donations to Karlene Negen at Box 332, Frazee, MN 56544. **Every Contribution Helps.**

# WELCOME NEW LIONS MEMBERS TO 5M9!

New Member	Club	Sponsor
Arne Graff	Detroit Lakes	Armand Radke
Becky King	Detroit Lakes	Doug Friendshuh
Dave Oakes	Detroit Lakes	Bruce Nelson
Todd Eggena	Crosslake Ideal	Joseph Doerfler
John Pribyl	Crosslake Ideal	Armond Gease
Loraine Dorn	Emily Outing 50 Lks	John Reed
Henry Ludte	Frazee	Eldon Bergman
Dennis Mayfield	Frazee	Corey Baker
Wayne Hichen	Henning	Russell Juvrud
Sheldon Hein	Ottertail	Darrell Sanderson
Marlowe Johnson	Ottertail	Donald Patrick
Richard Rosenberg	Ottertail	Darrell Sanderson
Tracy Shipley	Ottertail	Jerry Smith
Ann Wambach	Ottertail	Jerry Smith
Vernon Landrus	Palisade	Richard Hlidek
Wilma Landrus	Palisade	Darlene Hlidek
Anita Berneck	Park Rapids	Dick Kimball
Michael Berneck	Park Rapids	Dick Kimball
Ellerd Tomte	Park Rapids	Dick Kimball
Tony Brinkman	Parkers Prairie	Clayton Skoglund
Autumn Deuel	Parkers Prairie Pride	Dawn Olson
Tammy Anderson	Riverside Fergus Falls	Jim Arvidson
Alice Groth	Walker	Ardyce Pederson
Sherry Kiisa	Walker	Jeanne Nelson

# Gallaway receives MJF



DG Jim Arvidson presented Zone 3 Chair Diana Gallaway with a Melvin Jones Fellowship. Lion Diana was speechless and honored.

# Hackensack Lions support Faith in Action



Russ Torkelson, member of the Hackensack Lions, gives a donation to Theresa Eclov, Executive Director of Faith in Action for Cass County.

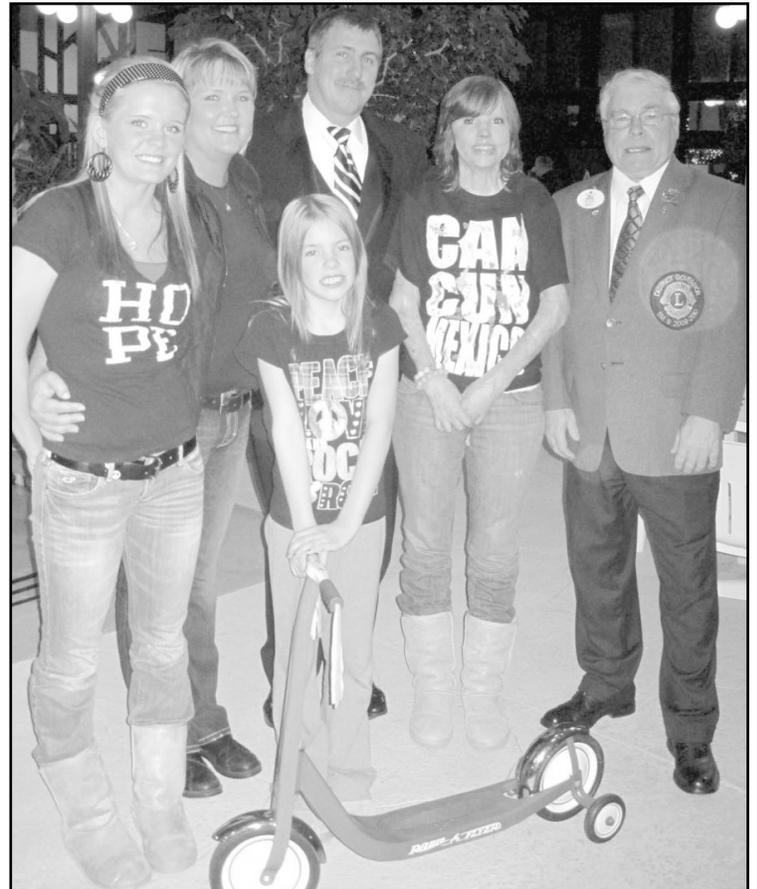
Following a long tradition of supporting local charitable organizations, the Hackensack Lions Club gave a generous donation of \$300 in January 2010, to aid Faith in Action for Cass County.

Faith in Action is making a difference in Cass County. Volunteers are giving rides, building ramps, and giving hope to many who want to remain living independently in their own homes. They bring people to the food shelf, to the doctor and to the grocery store. They assist them with difficult tasks that they can no longer do and lend a hand in times of crisis. "Keeping 150+ volunteers connected with community needs takes considerable time and energy," stated Theresa Eclov, Executive Director of Faith in Action. "The Hackensack Lions understand that community support is the key to continuing a program like this, and in these troubled economic times, local needs are on the rise."

Faith in Action appreciates the community support and providing opportunities for volunteers to share their time and talents with others.

# "Scootin to the Next Level"

Perham's Mark Schmidt to push-roll scooter from Red River to Minneapolis to raise funds, awareness of 'Make-A-Wish'



Mark Schmidt, pictured with family, will leave Moorhead on April 23 on his trusty Scooter and travel down Hwy. 10 to Mpls. Arriving at Target Field for the "Make a Wish" Ball on May 1.

The goals are two-fold. First and foremost, the objective is to raise at least \$6,000, which is about the sum of one "Make-A-Wish" vacation. Secondly, Schmidt expects to make good time on his scooter so he can arrive in Minneapolis just in time for the annual Make-A-Wish Foundation ball and gala on May 1.

## 2010 Parkers Prairie Pride of Lions Spring Fling Dinner & Dance

Saturday, April 10th

At The Prairie Event Center

Featuring The Eagle Valley Playboys Band

Dinner Catered By RK's Catering

Social & Games: 5pm

Dinner Served: 6pm

Dance 8pm-Midnight

Couples \$35 - Single \$20ea

Tickets Can Be Purchased In Advance

From Any Pride of Lions Member Or At The Door

# Larson accepts MJF



Elias Larson is accepting Melvin Jones Fellowship from District Governor Jim Arvidson and Underwood Lions President Gordon Hanson.

# Membership at work



PID Maynard Rucks is helping the Membership and Extension team start the planning for a new club Lions club in 5M9.

# 2010 COLLEGE OF LEADERSHIP

Sunday, May 2 • 1 pm registration  
Wadena/Deer Creek High School, Wadena

You don't want to miss this year's College of Leadership. All Lions, Lioness and Leos are invited.

We have a great selection of seminars to choose from, plus very knowledgeable presenters. Make plans today to attend.

# New Members in Park Rapids Lions Club



Governor Jim is inducting new Park Rapids Lions during his Governor's visit. New members are Michael Berneck, Anita Berneck and Phil Sailer not pictured Ellerd Tomte.

# New Pine River Lion



Newly inducted Pine River Lion Becky Anderson with her sponsor Jack Rysavy share a smile as Becky puts on her new Lions pin. 1st Lady Linda helps with the induction.

## OrGano Gold

Gourmet Healthy Coffee  
with 100% Organic Ganoderm  
Black Coffee • Latte • Mocha  
Hot Chocolate • Organic Green Tea  
Buy for yourself or  
Could be a fundraiser for your club

Call Ken and Gloria Anderson  
home 218.631.9005 cell 218.639.1696  
check out our website: [www.kegl.organogold.com](http://www.kegl.organogold.com)

## What Will You Do to Stop Diabetes? Know Your Risk.

Diabetes has become the greatest public health crisis of the next quarter century. To address the burden of this disease, the American Diabetes Association is asking the American public – “What will you do to Stop Diabetes? Know your risk.” On the 22nd annual American Diabetes Association Alert Day, March 23, 2010, the Association will encourage people to join the Stop Diabetes movement by taking the Diabetes Risk Test to find out if they are at risk for developing type 2 diabetes and if they are at high risk, to speak with their health care provider.

The Diabetes Risk Test requires users to answer simple questions about weight, age, family history and other potential risk factors for type 2 diabetes. The Diabetes Risk Test will show users whether they are at low, moderate or high risk for pre-diabetes or diabetes. If they are at high risk, they are encouraged to talk with their health care provider.

### Diabetes by the Numbers

Of the approximately 24 million Americans living with diabetes, nearly 6 million Americans have type 2 diabetes but don't even know it. Another 57 million, or one in five Americans have pre-diabetes, placing them at increased risk for developing type 2 diabetes. If current trends continue, one out of three children born today will face a future with diabetes.

### Are You at Risk?

Among the primary risk factors for type 2 diabetes are being overweight, sedentary, over the age of 45 and having a family history of diabetes. African Americans, Hispanics/Latinos, Native Americans, Asian Americans and Pacific Islanders are at an increased risk, as are women who have had babies weighing more than nine pounds at birth.

Unfortunately, people with type 2 diabetes can live for years without realizing that they have the disease. While people with diabetes can exhibit noticeable symptoms, such as frequent urination, blurred vision and excessive thirst, most people diagnosed with type 2 diabetes do not show these overt warning signs at the time that they develop the disease. Often, type 2 diabetes only becomes evident when people develop one or more of its serious complications, such as heart disease, stroke, kidney disease, eye damage, or nerve damage that can lead to amputations.

### Take Charge of Your Health

Studies have shown that type 2 diabetes can be prevented or delayed by losing just 5-7% of body weight through regular physical activity (30 minutes a day, five days a week) and healthy eating. Armed with this information, gather your friends, family, loved one and/or co-workers and take a 30 minute walk and get started with a healthier lifestyle today!

Join the movement to Stop Diabetes and get your free Diabetes Risk Test (English or Spanish), healthy lifestyle tips and more. Call 1-800-DIABETES (1-800-342-2383) or visit [stopdiabetes.com](http://stopdiabetes.com). Although Diabetes Alert Day is a one-day event, the Diabetes Risk Test is available all year long.

For more information or a program contact Diabetes Chairmen Len Johnson, 218-346-7088 or Jim Bergstrom 320-692-5148.

Proud to be a  
**LION!**  
Wear your pin



## Melcher receives MJF



Deer Creek Lion Jim “The Toolman” Melcher was presented a Melvin Jones Fellowship by District Governor Jim Arvidson.

## McGregor honors Lions



District Governor Jim Arvidson presented Melvin Jones Fellowships to McGregor Lions Ellsa Sorenson and Patricia Boyd, and a Helen Keller Sight award to Lion Robert Madeson.

## Pelican Rapids Lions Club Pancake Brunch

Sunday, March 14 • 9:00 a.m. to 1:00 p.m.

Pelican Rapids VFW

Highway 108 West, Pelican Rapids, MN.

Serving Pancakes, sausage, eggs, juice, milk and coffee

Free will donations to be used for  
community projects.

# Dunkin' Dodge Derby: What's your guess?



Tim Prosser (left) and Adrean Bragalla prepared to unload the old junker truck for the Cass Lake Lions annual Dunkin' Dodge Derby, a fundraiser that allows community members to guess the date and time that the truck will fall through the ice. The Cass Lake Lions will start taking guesses at Teal's Market on Fridays and Saturdays from 11 a.m. to 3 p.m.

# Larson accepts MJF



Underwood Lion Elias Larson is accepting Melvin Jones Fellowship from District Governor Jim Arvidson and Underwood Lions President Gordon Hanson.

Have you asked  
someone  
to be a  
**LION**  
**TODAY!**

# Kimball receives Leader Dog for the Blind award



Lion Dick Kimball receives a Leader Dog for the Blind Founders Tribute from PDG Peter VanErp.

# NYM Lions welcome members; present awards



The New York Mills Lions Club inducted four new members in February. Pictured are Jason Boe, Jake Norton, Travis Hensch and Randy Roberts.



Award winners that were announced, from left, Wayne Mattson, who received a Melvin Jones Fellowship; Dave Duchene earned a Top Dog award from Can Do Canines; Heather Weller, a Project New Hope honor; Paul Schik, Leader Dog for the Blind Foundation award; Peder Butenhoff, a Youth Outreach award; back row, Tim Erp, a Hearing Foundation Fellowship and Tom Wallgren, a Helen Kellar Sight award.

# WIN *This Car*

 **PROJECT NEW HOPE** 

*"NEW HOPE...NEW LIFE"*



**\$20**

**Drawing: August 26, 2010**

## **For Tickets Contact:**

Lions PDG Peter or Margaret VanErp

218-385-3446-[petemarg@arvig.net](mailto:petemarg@arvig.net)

Or Send Check to: 38214 610<sup>th</sup> Ave.

Bluffton, MN 56518

Or contact your local Lions Club

Raffle proceeds go to Project New Hope

**A Tee it up for the Troops  
Golf Scramble  
will be held at  
Grandview Lodge & Resort  
Nisswa, Minnesota.**



**\$100/player includes Golf and Banquet**

**Winning  
ticket  
drawn at  
Banquet  
following  
Golf  
Scramble!**

# “Soaring with Lionism in 2010”

## 2010 MD5M Convention

### April 23-25, Shooting Star Casino, Mahnomen

Come Soar With the Elizabeth Lions

At the 2010 Multiple District 5M Convention.

We're looking forward to seeing all of you at our convention, April 23-25, 2010 at the Shooting Star Casino in Mahnomen, Minnesota. We hope you've made your reservations by now, because the discounted price ended March 1. HOWEVER, you still have until April 1, 2010, to get the greatly discounted room rate of \$64.95. After April 1, the price returns to the regular weekend rate. Use the code on the postcard you received from our Registration Committee to reserve a room.

We have some very interesting speakers lined up for you.

Our banquet speaker is Past International President Judge Brian Stevenson. Past President Stevenson of Calgary, Alberta, Canada was elected at the 70th International Convention in Taipei, Taiwan, ROC, in 1987. A Lion since 1966 and a member of the Calgary (North East Eye Openers) Lions Club, he has served terms as District Governor and as a Member of the International Board of Directors and a three-year term as Chair of Campaign Sight First.

Larry Colbert comes to us from Tempe, Arizona. Larry lost his eyesight to Retinitis Pigmentosa a number of years ago, and today he travels extensively with his Leader Dog Banner. Larry is an author/consultant/speaker and truly lives a life of vision.

Amy Ruley was Women's basketball coach from 1979 to 2008, and now is the Associate Athletic Director for Development for North Dakota State University. She is an outstanding teacher, coach, speaker and community leader. Amy is an 8-year cancer survivor.

Beverly Barraberger (Berger) grew up in rural Ontario Canada. She and her husband have two children. Ten years after her marriage she became totally blind and has been the recipient of four dog guides.

Vickie Marthaler, from Detroit Lakes, Minnesota, will give our alternate program presented on a wooden puzzle depicting how people relate to life.

Our Sunday Brunch speakers are Jim, Carol and Thomas Johansen will share the rewards and challenges of a family living a normal life with a child who was diagnosed with Type 1 diabetes at the age of 13 months.

## MD5M Convention Agenda

**Thurs. 22** 4:00 pm - 8:00 pm Registration Council of Governors

**Fri. 23** 7:30 am Council of Governors' Meeting

8:00 am - 10:00 pm Registration

8:00 am - 7:00 pm Credentials

8:00 am - 10:00 pm Raffle Room open (Closed 7 pm to 8 pm)

1:00 pm - 3:00 pm VDG Training

3:00 pm - 5:00 pm General Business Meeting

5:00 pm - 6:45 pm PDG Social and Banquet

7:00 pm - 8:00 pm Memorial Service

8:00 pm Cash bar opens

8:10 pm - 8:45 pm "Heaven Bound Trio"

8:45 pm Hors D'oeuvres and DJ "Pumpkin Bob"

**Sat. 24** 6:00 am - 10:00 am Casino Breakfast Buffet

8:00 am - 8:45 am DG, VDG & International Director Meeting

8:00 am - 12:00 Noon and 2:00 pm - 6:00 pm Registration

8:00 am - 12:00 Noon and 2:00 pm - 4:00 pm Credentials

8:00 am - 6:00 pm Raffle Room open

8:00 am - 8:45 am First Timers' Meeting with drawing

9:00 am - 9:50 am Seminar speaker Amy Ruley

10:00 am - 10:50 am Seminar speaker Bev Berger

11:00 am - 11:45 am Seminar speaker Larry Colbert

12:00 Noon - 2:00 pm Awards Luncheon

2:30 pm - 4:30 pm General Business Meeting

Pin Traders Meeting immediately following Business Meeting

2:30 pm - 3:15 pm Alternative Program speaker  
Vickie Marthaler

2:30 pm - 5:30 pm Pin Trading

5:00 pm Social and Cash Bar opens

5:15 pm DG, VDG, PIP and Guests' reception

6:00 pm Banquet with speaker PIP Judge Brian Stevenson

Entertainment "Shot Gun Red"

**Sun. 25** 7:00 am - 8:45 am Raffle winners pickup prizes

7:00 am - 7:50 am PDG Meeting

7:30 am - 9:00 am Registration

8:00 am - 9:00 am Credentials

8:00 am - 8:30 am International Convention Meeting

8:00 am - 8:45 am Church Services - Catholic

Protestant

9:00 am Brunch with speakers

Jim, Carol and Thomas Johansen

Drawings - First Timers and large prizes

Adjourn



# "Soaring with Lionism in 2010"

91<sup>st</sup> Multiple District 5M Convention  
April 23, 24 and 25, 2010  
Shooting Star Casino and Convention Center  
Mahnomen, Minnesota  
Hosted by the Elizabeth Lions Club



**HANDS ACROSS  
THE BORDER**

## Registration Form

Please print

(See back for More Information and to Enter Additional Registrants)

Lion    Lioness    Leo    Guest    Check if this is your 1<sup>st</sup> Multiple Convention

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Address: \_\_\_\_\_ District: \_\_\_\_\_

City: \_\_\_\_\_ Club Name: \_\_\_\_\_

Prov/State: \_\_\_\_\_ Telephone: \_\_\_\_\_

Zip Code: \_\_\_\_\_ E-mail: \_\_\_\_\_

Indicate any special needs you have: \_\_\_\_\_

Hotel Room rate \$74.95 plus tax (check in 3 p.m. ~ check out 11 a.m.)

Room Code will be provided with confirmation of full Hospitality Book. Registrant must arrange for their room using room code. Seasonal camp grounds closed.

**Hospitality Book includes Friday Social, Saturday breakfast, lunch banquet and Sunday brunch.**

### Meal Plan Options

Item	Number	Cost	Total
Hospitality Book (Received BEFORE March 1, 2010)		USD \$98.00	
Hospitality Book (Received ON March 1, 2010 or later)		USD \$110.00	
Hospitality Book, Leo's		USD \$75.00	
Friday Social (snack, cash bar, music)		USD \$10.00	
Saturday Breakfast		USD \$8.00	
Saturday Luncheon (meal)		USD \$22.00	
Saturday Banquet (meal, cash bar, entertainment)		USD \$60.00	
Sunday Brunch (meal)		USD \$24.00	

Total Submitted \_\_\_\_\_

**Make checks payable to: Elizabeth Lions MD5M Convention**

Mail registrations to: Elizabeth Lions MD5M Convention

P.O. Box 1037

Fergus Falls, MN 56538-1037

**Telephone Information:**

218-739-9244 or 218-739-9582

E-mail: dlholt@prtcl.com

**Credit cards will not be accepted - cash or checks only please - checks preferred.  
Cancellations accepted and refunded prior to April 1, 2010 - \$20.00 fee for cancellations.**

# Quilts of Valor benefit

Wednesday, March 17 • Underwood American Legion

The Underwood Lions, together with the Underwood American Legion, are planning a St. Patrick's Day event to benefit Quilts of Valor.

Quilts of Valor is a "grass roots," non-profit organization that honors our military personnel by making quilts for injured service men and women who are recovering in hospitals in the United States. Fabric, batting and thread are either donated or purchased at the quilter's own expense. Over the years, these volunteers have made hundreds of quilts and sent them to injured military personnel in various hospitals. Our local groups have been sending quilts to the Veteran's Hospital in Fort Knox, Kentucky. They have been personally in touch with the person in charge there who has told them how very much these quilts mean to the military people who receive them. They have been invited to travel to Fort Knox and present quilts in person and will make the trip in early May.

The Underwood Lions and the Underwood American Legion are planning an event on St. Patrick's Day to raise funds for this worthy organization. The festivities will begin at 11:00 a.m. and continue through 9:00 p.m. There will be a corned beef and cabbage dinner available at the American Legion from 11:00 to 2:00. A silent auction will run throughout the day with many valuable items. In the evening, there will be an Irish stew cook-off with several great restaurants participating. There will be a wine tasting and a bake sale.

Our local Quilts of Valor group has donated a quilt worth \$350 for a raffle, the drawing for which will take place on St. Patrick's Day at the Underwood American Legion at



**For more information or to purchase raffle tickets, please call Gordon or Mary Hanson at 218-826-6728.**

8:30 in the evening. First prize in the raffle is this beautiful quilt plus \$100 in cash, second prize is \$300, third prize \$100, 4th prize \$75. Raffle tickets are \$5 each or 5 for \$20.

Everyone is invited to join us in Underwood on St. Patrick's Day, March 17, 2010, for good food and lots of fun. All proceeds from this day, including the raffle, will go to Quilts of Valor.

For more information or to purchase raffle tickets, please call Gordon or Mary Hanson at 218-826-6728.

---

**OG Jim Arvidson**

**10858 625th Ave.**

**Parkers Prairie, MN 56361-9611**



**PRESORTED  
STANDARD  
US POSTAGE PAID  
NEWYORK MILLS, MN  
PERMIT NO. 45**



**We Serve**