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5M9 Service Journal

District Governor *Linda Albrecht-Norby*



***New International
President Dr. Patti Hill***

Bringing Out the Best in Others Lifting others up is what she does. Dr. Patti Hill is an accomplished teacher, administrator, psychologist and small-business owner. But it isn't her impressive resume that she'll mention when you ask what's important to her.

"The purpose of my life on this earth is to help others achieve their potential. If I'm not doing that, I should be!"

Dr. Hill makes it her mission to find the potential in others and to create an environment that helps them thrive. "I always see the good in people," she says.

Every step in Dr. Hill's career was made because she believed in doing her part to ensure others could achieve their dreams. When she was asked to teach special education in secondary school, she agreed and then promptly enrolled in a master's program focusing on teaching the deaf and hard of hearing.

While she was a young teacher, Dr. Hill's Uncle Eddie, who was deaf, had shared stories with her about the difficulty of traveling to distant boarding schools to be educated. Even then, he wasn't allowed to use sign language in school. She hoped she could make education better for students like her uncle.

While working as a teacher of deaf students, Dr. Hill was presented with the results of student testing performed by school psychologists. They informed her that although the students did well in visual perception, they scored low in verbal skills. Stunned, Dr. Hill used American Sign Language as she responded, "You didn't even sign to them!"

She knew her students couldn't achieve their full potential if they couldn't even use their primary source of communication. She didn't want the same thing to happen to them that had happened to her uncle Eddie, so she began taking psychology classes to create a better way to assess students. Classes eventually turned into a doctorate degree, and now she's a licensed psychologist. Dr. Hill served for a time as principal at a specialty school for children with severe speech and language development challenges in Edmonton, Alberta, Canada. She also started a consultancy business using her knowledge and experience to help government agencies design and implement better programs for children, youth and their families, which she's been running for more than 40 years.

Dr. Patti Hill devoted her life to making the world a better place. Along the way, she found Lions. Actually, Lions found her.

Changing the Hearts of Lion's 5M9 District Governor Linda Albrecht-Norby



Changing the Hearts of Lion's

For those of you who don't know me, I am Past District Governor Linda Albrecht-Norby (Jay's other half) and your newly elected 5M9 District Governor for 2023-2024. I held the position of District Governor in 2010-2011 and with Lion Richard Hanson stepping down from his position, we needed to find someone to fill the vacancy as soon as possible for the upcoming Lions year.

Two individuals stepped up as candidates and they were myself and IPDG Scott Rolfe. On July 20, 2023, a special meeting was held in Bluffton, of the 5M9 seated officers and members of the 5M9 PDG Association. The vote was tallied, and I was introduced as 5M9's 2023-2024 District Governor.

I am a member of the Ottertail Lions club and am looking forward to serving the Lions of 5M9 and working with 1st Vice District Governor Denise Laudenbach, 2nd Vice District Governor Cathe Picek, District Secretary Sheri Greenwaldt, District Administrator Margaret Van Erp and IPDG Scott Rolfe and all the cabinet members.

I retired in 2019 as an LPN and Hospice nurse and I am busier now than when I worked full time working nights. I also work part-time at our local funeral home and have volunteer for the Otter Tail County Sheriff's POSSE for the past 13 years. Together Jay and I have 4 children, 12 grandchildren and 3 great-grandchildren.

Lions has been very rewarding to us both and we can't do enough to stay active and help wherever and whenever possible for our clubs, district, multiple and worldwide. As Lions we support our communities and help wherever we are need, to show our communities that they matter to us.

Lion Linda Albrecht-Norby
5M9 District Governor



5M9 District Governor

Linda Albrecht-Norby

Our International President Dr. Patty Hill's theme is **"Changing the World"**.

There's an old saying – it's the journey, not the destination. Changing the world is a journey. There's no middle and no end. There is, however, a beginning.

With every small act of service, you contribute one step towards change. It's up to each of us to simply begin. Like rain filling a bucket, we can change the world one drop at a time. In fact, we are all changing the world with every decision we make. Truly meaningful changes will occur when we are intentional about the kind of changes we want to make. When we strive to make positive changes—in our lives and in the lives of others—we put good into the world. – Dr. Patty Hill, Lions International President.

In 5M9 we have talked for years about change. We have discussed how we should do it, who should do it and why we should do it. Lions International is challenging all the Lions of the world and 5M9 to just do it.

The how, is up to each club as to the way they want to get out and do service projects to show your community and area that you are there, and you are relevant in your area. The leadership team is working on creating another district wide service project for all to take advantage of, as well as be available to provide you with ideas and guidance to get things started in your club or zone. If we are going to talk the talk, we need to walk the walk.

The who, is everyone in your club and invite your community to help. The more you involve other people and groups the more they learn about our great organization. It will start with the leadership of the district working with other groups and organizations to help provide meaningful service projects to all in the district.

The why, it is in our motto "We Serve". We need to promote our organization by doing, not talking about what should be done but showing our community how it is done. We are Lions, we are family and as a family we need to help each other out. So regardless of the size of your club, or the age of your club, look around and ask clubs in your area to help. As people see and participate in your projects some will want to become involved with your club and don't forget to ask the leadership team to participate. We are here to help you in any way we can.

Last, but not least, we need to create F.O.M.O. – Fear of Missing Out. When we are out in the community doing service or fundraising projects and people are seeing the fun and the good, we are doing. They will be asking you how they can become a part of this great organization.

If your club is struggling with getting the how we should do it, who should do it and why we should do it going. Please invite your district GMA Champion Lion Joe Laudenbach to a club meeting to help you with doing a Strength Weaknesses Opportunities Threats analysis, a club member survey and a community needs assessment. Joe or one of his team will be glad to come and assist you in getting your club remotivated and rejuvenated.

All the things above lead to the beginning of MISSION 1.5. We are on a mission to grow. MISSION 1.5 is the drive to reach 1.5 million members worldwide, so we can better meet the growing needs of our communities and serve more people than ever before.

I look forward to working hand and hand, side by side, throughout the coming year with you. We can then grow and strengthen our clubs and show our communities that we are strong, open-minded Lions looking to the future of both our organization, our community, and our futures growth.

Lion Linda Albrecht-Norby
5M9 District Governor

1st Vice District Governor



CHANGING THE WORLD

International President Dr. Patti Hill's theme this year is, Changing the World. President Patti has shared with us the following message:

"All around are needs, but also opportunities to serve. Opportunities are put in front of us for a reason. It's always our choice whether we say yes or no. We can help. Changing the world takes courage. The courage to look. The courage to ask. The courage to collaborate. And the courage to act against all odds. Action creates spaces for people to thrive. Lions and Leo's are changing the world. One life. One community at a time. Be the Change."

"Change doesn't happen all at once. It happens through many small choices. With every act of kindness, we change a life. With every Lions club and Leo club, we change a community. When we change our communities, we change the world."

We can make the choice, right here at home, in our own backyard, to help change our communities across our district of 5M9. We all need to have the courage to make the change. To courage to say, "yes" The courage to act in order to create the space for people to thrive.

Please join me, along with your fellow Lions from across our district, to help change the lives of those who may not have a meal on their tables to feed themselves and their families. Our district wide humanitarian food packing event is scheduled for Saturday, September 9th. All the food that is packaged at this district wide service project, will go home with you and your club, to be distributed onto your local food shelves. **We need your help to make this service project a success.** It is simple to sign up. Just click on the link and select your shift that you would like to work. It's that easy.

Let's kick-off our amazing new Lions year together and work side by side at our district wide service project. I look forward to seeing you on September 9th!

Lion Denise Marie Laudenbach

5M9 District Wide Service Project –

Changing the World together!

The volunteer SIGN-UP portal is NOW open.

<https://www.signupgenius.com/go/5M9DistrictWidePackToEndHunger>



We Serve

2nd Vice District Governor Cathe Picek

Changing the World
With
GMA



2nd VDG Cathe Picek

Global Action Plan *

Step One: Build a Team – Why are we Lions?

Our Vision and Mission Statements

Vision

To be the global leader in community and humanitarian service.

Mission

To empower volunteers to serve their communities, meet humanitarian needs, encourage peace and promote international understanding through Lions clubs.

Our Objective

By uniting under the Global Membership Approach, we hope to provide our clubs with support they need to retain our vision of being the global leader in community and humanitarian service. By increasing the number of helping hands our communities have, the greater the impact we can make.



This year you are **Encouraged** to be a part of the growth and development of your club, zone, district and multiple through GMA. * Source of content [Presentation \(PPT\)](#)

I hope that many of you will join us on Saturday, September 9 for the District Wide 5M 9 Picnic & Service Project at the Nisswa Community Center in Nisswa. Sign up now and join us for this first time ever District project.

<https://www.signupgenius.com/go/5M9DistrictWidePackToEndHunger>





Save the Date

Pelican Rapids Area Lions Charter Celebration

Thursday August 24, 2023

@ Cormorant Community Center

10929 Co. Hwy 5, Pelican Rapids, MN

\$25.00/Person

Social 5:00 pm - 6:00 pm Silent Auction & Raffle Prizes

Meal 6:00 pm - 7:00 pm

Guest Speaker PID Bruce Beck 7:00 pm - 7:30 pm

Induction of officers and installation of members 7:30 pm - 8:30 pm

RSVP by August 18th To:

Lion Steve Curtis, 310 Sunset Lane, Lake Park, MN 56554

702-219-6483

curtis@readinessresource.net

Come Celebrate with the newest club in 5M9

If you would like to make a donation to help kick-start the club please mail

to: Lion Jeff Gontarek, 26122 Tonseth Road, Erhard, MN, 56534





District Wide 5M9 Hunger Service Project Saturday, September 9, 2023 SIGN UP PORTAL IS OPEN



**As of 07/20/23 – we have 120 of 300 volunteer spots filled: representing 17 of our 64 clubs.
HELP us get this event FULL of Lions members and representation from every club!**

On September 9, 2023, Lions members from District 5M9 will be coming together to pack 130,000+ meals that will ultimately be distributed to communities within 5M9. This is a district wide event. We are hoping to have all 64 clubs within 5M9 participate.

Those clubs that sign up to participate will also be bringing the packed meals BACK TO THEIR communities for distribution.

As Lions, we know that HUNGER is a global cause for our service organization. This meal packing event allows us, as Lions, to have direct impact on food insecurity right in the communities that we live. We will pack the food – we will distribute the food. Our communities will be receiving the food.

The volunteer SIGN-UP portal is NOW open.

<https://www.signupgenius.com/go/5M9DistrictWidePackToEndHunger>

There are 3 shifts available to choose from: 9 am – 10 am; 10 am – 11 am; 11 am – 12 pm

The event will be held in Nisswa, MN. (~12 miles north of Brainerd).

We need over 300 Lion volunteers to make this event a SUCCESS. Lions and immediate family members are invited to sign up.

The meal packing will take place at the Nisswa Community Center. We will also be having a pancake breakfast that morning, provided by the Nisswa Fire Department. All ages are welcome at the pancake breakfast; but:

Volunteers must be 12 years old+ to participate in the meal packing event.

For those that have kids under 12 years of age, there is a great playground right next to the Community Center in the Nisswa Park.

How can your club support this event?

1. **Participate – sign up – gather your volunteers. (follow the link above to sign up)**
2. **Make a financial contribution.**

- a. This event is made possible by a \$25,000 LCIF grant that our district received. To date, we've also received donations from the following clubs: Baxter, Backus, Nisswa, and from our District Governor Scott Rolfe.

We are still accepting financial donations for this event – **the more money we gather, the more meals we can pack.**

Our partner for this event is The Outreach Program of Brainerd Lakes. Outreach BLA is a humanitarian food aid organization. Donations may be made directly to Outreach BLA.

- i. The Outreach Program of Brainerd Lakes is a registered 501c3

1. FED Tax ID # 45-4530238

2. To make a donation by mail:

- a. Outreach Program BLA, 24489 Hazelwood Drive, Nisswa Mn 56468

3. You can make a donation online: www.outreachprogramBLA.org you may also make a personal donation

**TOGETHER – we can help lessen the burden of food insecurity for our neighbors.
We look forward to SERVING with you at the DISTRICT 5M9 HUNGER EVENT.**

Questions? Contact Tina Foster, Community Coordinator for The Outreach Program of Brainerd Lakes (tina@outreachprogramBLA.org) OR Lion Denise Laudenbach (deniselaudenbach@yahoo.com)

The 5M9 Global Action Team

INVITES YOU TO THE

5M9 DISTRICT WIDE Picnic & Service Project

PANCAKE
BREAKFAST
PICNIC

SATURDAY,
SEPTEMBER 9, 2023
9AM-12PM

Nisswa Community Center
25628 Main St
Nisswa, MN 56468

HUNGER
RELIEF
SERVICE
PROJECT

- Enjoy breakfast together (free will donation)
- Hands-on service project
- Pack meals for hunger relief
- Participating clubs will take meals back to their local food shelf



Lions Club International
FOUNDATION

This event is made possible through a LCIF grant for District 5M9 and the Clubs of 5M9. All Clubs are encouraged to donate to further the reach!

We Serve!



The Longville Lions sponsor the Longville Area Community Garden, Walking Trail and Dog Park on Wabedo

Township Land as part of their Lions Legacy Projects, thanks to generous donations from the Longville Area Community Foundation and a grant from Cass County.

At the groundbreaking ceremony: L-R are Christina Herheim, Longville City Administrator, Lion Bob Adelman, Lion Anita Harwig, Food Shelf Coordinator Andrea Richard, Lion Paul Harwig, Carol Johnson, Dave Owen and Simon Whitehead, Cass County Health and Nutrition SHIP Educator and University of



KAMP KACE 2023

70 Kampers, Great Times and Great Weather

The Cormorant Lions again coordinated the fishing outing for this years Kamp at the YMCA camp on Big Cormorant the week of June25. It has been three years since we have been able to go fishing. With only 70 campers this year (some past years over 130!), not as many pontoons and boats were needed.



The Kamp KACE fishing day was great. A couple weeks before Kamp, the Cormorant Lions and members of Cormorant Lakes Sportsman's club met and rigged up 90 poles for the days outing. The Lions and the Sportsman's club provide leeches and worms for the expedition.

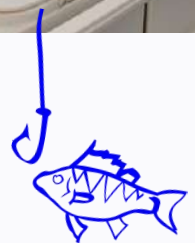
This year the Kamp decided to hold the fishing in the evening from 6 to 8 instead of in the afternoon. We had a slow start filling the watercraft - with a three year break it took a while to get thing moving. With the skill of our 7 pontoon captains and 18 boat operators, success was assured!

With all the hot weather the fish were still cooperative in biting, and lots of fish were caught by most campers even though many only had a little over an hour on the water. Fish of all size and species were caught. The fish cleaners volunteers and three de-boners from Vergas were kept busy cleaning until dark.



Our Hats are off to the Cormorant Lake Sportsman's club members, the Cormorant Lions, the Vergas Lions, and the FM walleye club for assisting in getting the 70 kids and their chaperones out on the water.

A fish fry was held on Wednesday with their catch.



George Kane and Steve Curtis



Proud Lions



We Serve

Three new Lakers Lions members were sworn in at our monthly meeting on Monday, June 26th.

Pictured L-R:

New member Linda Duchscherer, Lakers Lion President Jan Peterschick, new members Julie Wessman and Robin Purgett, and Lakers Lion Barry Peder-



Palisade Lion President Dave Carlson inducted Karen and Steve Teff at our July meeting as their sponsors, Lions Joe Pipp and Donna Redman, look on. We look forward to serving our community with you!



The **Battle Lake's Lions Club** met Monday, June 19 for their annual picnic. This was a final meeting for outgoing president. John Peterson, and he did a superior job of leading the club this past year. It had been several years since the club recognized members for their achievements, so this was also an awards night ceremony. Jerry Begley, awards chairman of this committee selected many were the members for the prestigious awards. The club was honored to pass district governor, Peter Van Earp, present to present the



Connie Krusemark what is the recipient of the Melvin Jones fellow award.



Roger Wold Received the youth outreach award.



Clair Prody received the Hearing Research Fellow Award



John Pederson and EJ Arntson were recipients of the Helen Keller site award



Presidential awards for their contributions to the club were given to Dean Nelson, Tom, Rasmussen, Mary, Murphy , Dale Werner, Christine Fegert, Kathy Neese, Peter, Eggen, Sheila, Scheer, and Gary Widness

Lions being Lions!



Osage Lions' President Larry Frehse presented Bonnie Lehrke with an Outstanding Leadership and Dedicated Service Award. Bonnie has served as Secretary for the Club for more than 10 years. In addition, she has helped with many, many of the Club's service projects. Bonnie has gone above and beyond her duties as Secretary!



Oak Crossing - Kris Thompson, Ben Salazar, Lion Gerald Johnson & Gary Brekken



Pelican Landing - Karlie, Lions Gerald Johnson & Gary Brekken

The Detroit Lakes Lions brought smiles and flowers from their recent fundraiser to local nursing homes. Bright red geraniums were sold to fund the Eyes for Mexico project in May. The DL Lions donated some of the bright blooms to make outdoor areas cozy for the residents.

Ecumen - Angy & Abby, Lions Gerald Johnson & Gary Brekken





Lakers Lions served over 360 bbq pork-on-a-stick!

photo
Cheryl Fraser, Joe Juettner, Diane Gill, Mark Mosman, Jan Mosman, Patty Miller. All are Lakers Lions.



Chuck Gill, Mark Mosman, Joe Juettner, Dave Oleson (volunteer), Jim Fraser.



BE THE CHANGE





We Serve

#CHANGINGTHEWORLD

#BETHECHANGE

#WESERVE



CHANGING THE WORLD



PARKERS PRAIRIE LIONS CELEBRATE 60 YEARS !!

The Parkers Prairie LIONS enjoyed a Mystery Bus Tour last Saturday, visiting several Destinations in Central Minnesota. Past International Debra Wasserman joined us and presented some Awards as well as Informing us that We received a Community Impact Grant from LCIF of \$8,800 for the Parkers Prairie Veterans Memorial Park. It was a Great Day !!

1903
Lions Clubs International Foundation
Date 2023
Pay to the Order of Parkers Prairie Lions \$ 8,884.00
Eight Thousand Eight Hundred Eight-four and ⁰⁰/₁₀₀ Dollars
The Veterans Memorial Park Lions Club

Community Impact Grant from LCIF. To be used for the PP Veterans Memorial Park.



5M9 Zone Chairs



Zone 1 Chair	Terry Hansen	Zone 6 Chair	Robert & Debra Jacoby
Zone 2 Chair	Sharon Whipple	Zone 7 Chair	Dianne Kunze
Zone 3 Chair	Marna Lohse	Zone 8 Chair	Connie Krusemark
Zone 4 Chair	Laurine Kommer	Zone Chair Advisor	2VDG Cathe Picek
Zone 5 Chair	Yvonne Huttunen		

The Next Can Do Canines Open House is on a Weeknight!

Can Do Canines invites you to attend an open house on Tuesday, August 8, from 6-8 p.m., at its Can Do Canines campus (9440 Science Center Drive, New Hope, Minnesota). Potential volunteers, clients, or anyone who might be interested in supporting the organization are invited to attend to learn how an assistance dog changes the life of a person with a disability.

Through a self-guided tour, attendees will be able to watch a trainer working with an assistance dog, hear from a volunteer puppy raiser, talk with volunteer staff members, pose questions to client services coordinators about the application process, and meet graduate teams from each of the five types of areas Can Do Canines trains dogs: hearing, mobility, seizure, diabetes and childhood autism. The assistance dog demonstrations will be held at 6:15, 6:55, and 7:35, and the puppy raiser will speak at 6:15, 6:35, and 7:15.

There is no pre-registration for this event, though attendees will be asked to share some contact information when arriving.

More information about Can Do Canines is at www.candocanines.org.



We Serve

The Minnesota Lions Vision Foundation
can not do the great things we do without
your amazing donations!



To donate scan code:



Minnesota Lions Vision Foundation

The Sight Program partnership began in 1960 when Minnesota Lions established the Minnesota Lions Eye Bank in conjunction with the Department of Ophthalmology. Work with the Department of Ophthalmology expanded over the years, and to-date the Lions have donated more than \$20 million to University vision programs.

The Lions Sight Program at the University of Minnesota includes:

- Lions Gift of Sight - Minnesota Lions Eye Bank
- Lions Children's Eye Clinic,
- Research Building.
- Minnesota Lions Macular Degeneration Research and Rehabilitation Center
- Minnesota Lions Eye Surgery Center.



For more information scan code

MINNESOTA LIONS VISION FOUNDATION



October 27, 2023 7:00pm - 9:30pm

Featuring

The Jammers

Wine Pull • Appetizers • Cash Bar

\$30 per person • \$50 per couple

Cash or Check

Semi Formal/Business Attire

Contact Lion Deb at liondebbialke@gmail.com

Earle Brown Heritage Center

Captains Room

6155 Earle Brown Dr,

Brooklyn Center, MN 55430

7:00pm - 9:30pm

All proceeds to benefit Minnesota Lions Vision Foundation



PILLAGER LIONS



GAME NIGHT



September 23rd 4:00 PM to 7 PM

Pillager Community Center

Blackjack, Texas Holdem, & much more!

Tickets \$35.00 (Lions Only limited # of tickets)

Ticket Price Includes \$500 in Chips

Proceeds to Pillager Lions and Special Olympics

Use Your Winnings for Prize Auction



Free will bar

Beer, Wine, Mixed Drinks



Appetizers

Cheese, Meat, Veggies, Fruit, Chips



Meat Raffles

\$5.00 boards



Door Prizes

1 chance per ticket

**TO RESERVE TICKETS OR FOR MORE
INFORMATION CONTACT LION JOHN 612.910.8592**



Palisade Area Lions

14th Annual

5K Run/Walk/Bike
August 12, 2023

Berglund Park

Palisade MN

Registration 8:30-9:15 am

Walk begins at 9:30 am

Registration forms available at the Rustic Trail in Palisade

Adults \$20.00 / 14 & under \$10.00



Palisade Area Lions 2023
5K Run/Walk/Bike
Participant Registration Form
Registration: 8:30 -9:15
Walk begins at 9:30 a.m.
Berglund Park in Palisade, MN
\$20.00 Adult Registration fee
\$10.00 14 & under Registration Fee

Name _____

Address _____

City _____ State _____ Zip Code _____

Telephone _____ Email _____

Waiver and Release of Liability for Strides Lions Run/Walk/Bike for Diabetes Awareness

1) I wish to participate in the Strides: Lions Walk for Diabetes Awareness event. I understand that my execution of the Waiver & Release is a prerequisite for participation in the Event. I further understand that there are risks & dangers inherent in participating in the Event.

2) I understand that in order to participate in the Event, I agree to assume all risks & to release & hold harmless Lions Clubs Int'l Inc., & their officers, agents, employees, assigns, successors in interest, contractors, vendors (& their agents), agencies, sponsors, officials & volunteers, including walk leaders, participating communities & clubs & all governmental & public entities including, but not limited to, the State, County, & local municipalities where the events take place (collectively the "Released Parties").

3) I intend by this Waiver & Release to release, in advance, & to waive my rights & discharge all of the persons & entities mentioned above, from any & all claims for damages for death, personal injury or property damage which I may have, or which may hereafter accrue to me as a result of my participation in the Event, even though this liability may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective property or equipment owned, maintained or controlled by them or because of their possible liability without fault. I understand & agree that this Waiver & Release is binding on my heirs, assigns, & legal representatives.

4) I understand that I am solely responsible for my health & safety, & I acknowledge that I am physically capable of participating in & completing the Event.

5) I agree to allow Lions Clubs Int'l, Lions Clubs Int'l Foundation & their contractors, agencies & sponsors, the use of my name & likeness in connection with Strides: Lions Walk for Diabetes Awareness, for any purpose related to advertising or promotion of the event worldwide in perpetuity in all forms of media now & forever known.

6) Should any portion of this Waiver & Release be judicially determined invalid, voidable or unenforceable, for any reason, such portion of this Waiver & Release shall be severable from the remaining portions herein & the validity, voidability, or unenforceability thereof shall not affect the validity, effect, enforceability, or interpretation of the remaining provisions of this Waiver & Release.

7) I have carefully read this Waiver & Release & fully understand its contents. If I am under 18 years of age at the time of registration, my parent or legal guardian has completely reviewed this Waiver & Release, understands & consents to its terms, & authorizes my participation by his/her signature below. I am aware that this is a RELEASE OF LIABILITY & a contract between me & the persons & entities mentioned above & I sign of my own free will.

Signature _____ Date _____

Signature of Parent or guardian if participant is under 18 years of age. Anyone under the age of 18 must be accompanied by their parent or guardian.

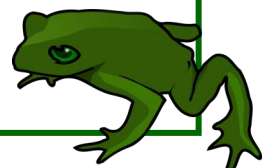
Parent or guardian signature _____ Date _____



HELP KEEP OUR WATERS CLEAN

Organize a shoreline cleanup event for your Lions Club as a Service/Environment project. Any shoreline will benefit from a cleanup; rivers, lakes, streams, or wetlands. Make it an annual event by adopting a shoreline. For organizational tips go to <https://freshwater.org/> for a shoreline cleanup online toolkit.

PDG Rose Puckett, 5M9 Environment Chair



Lions



Come on down and help us restart an old tradition with Jim's spaghetti sauce! Money raised will go to a new entrance to the Pillager Fairgrounds.

DATE: Saturday, August 26th, 2023 – 4:00pm to 7:00pm
(or until gone)

WHERE: Pillager Community Center

WHAT: All you can eat Spaghetti, along with garlic toast, dessert, coffee, pop and water

COST: Adults and children over 6: \$10 Children under 6 eat free Note: To-Go boxes will also be available for a \$10



SHOP, STAY + PLAY ALL DAY!

AUGUST 5, 2023

DOWNTOWN PEQUOT LAKES

Partnering Together:

The Pequot Lakes-Breezy Point Lions Club and Community Action of Pequot Lakes



Coming to Trailside Park....



9-4pm Vendors, Crafters, Artists and food trucks Including the "almost famous"

Shish-Ka-Bobbers

10-2pm Kids Games

11-Noon Chokecherry Culinary Contest

12:30 Culinary Contest Judging

LIVE ART DEMOS~LIVE MUSIC

FREE KIDS CREATION STATION



State Fair



We are, once again, going to be working at the State Fair. Our date is September 2nd. There are 4 positions available on 2 cameras. These are greeters, escorts, screeners and recorders. Something for everyone, even if you have not been trained on the camera. You only need to work one shift, will get a free ticket for the day and will have the rest of the day to enjoy the fair. Mileage is reimbursed as well as up to \$75 towards motel if you go down before or stay the night after. Get your names in now and we will get you scheduled with your choice schedule time and position. There is free parking and you can get bussed to the gates.



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There is no pre-registration for this event, though attendees will be asked to share some contact information when arriving.

More information about Can Do Canines is at www.candocanines.org.

PANCAKE BREAKFAST
OSAGE LIONS PARK

SATURDAY AUGUST 26 , 2023 7:30 AM TO 11:00 AM



PANCAKES
SAUSAGE
FRUIT
JUICE
COFFEE



OSAGE LIONS PARK

(1 MILE NORTH OF STATE HWY 34 ON WASHINGTON DRIVE)

SATURDAY AUGUST 26, 2023
7:30 AM TO 11:00 AM

FREE WILL OFFERING WITH ALL PROCEEDS GOING TO SUPPORT
LIONS PICKLEBALL COURT PROJECT
COME DOWN AND CHECK OUT THE CONSTRUCTION PROGRESS

**PLEASE BRING YOUR
USED EYEGLASSES
AND HEARING AIDS
FOR RE-USE**



SATURDAY AUGUST 26th, 2023 AT THE OSAGE LIONS PARK
LOCATED 1 MILE NORTH OF HWY 34 ON WASHINGTON DRIVE
7:30 AM TO 11:00AM

13th Annual

2023

Polka

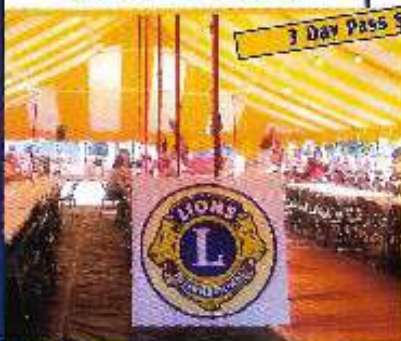
sponsored by the
Ottertail Lions

Daze



September 7, 8 & 9

Thursday, September 7	Friday, September 8	Saturday, September 9
<i>Eric's Dance Band</i> 6-10 pm	<i>Leon Olsen</i> 12-1 pm 2-3 pm 4-5 pm 6-7 pm	<i>Cathy Erickson Band</i> 12-1 pm 2-3 pm 4-5 pm 6-7 pm
\$10 Admission	<i>Nate Fredrickson Band</i> 1-2 pm 3-4 pm 5-6 pm 7-8 pm	<i>Jerry B. & Joyce</i> 1-2 pm 3-4 pm 5-6 pm 7-8 pm
<i>All Bands Play</i> <i>Waltz</i> <i>Two Step</i> <i>Polka</i> <i>Country & Variety</i>		
	\$20 Admission	\$20 Admission



Free Camper Space • No Hookups

Food, Beer & Set-ups served by the Ottertail Lions
12 Noon - 8 pm • BYOB

Young, old or in between...come and join us!

Area Restaurants/Lodges

Betty's Pantry	218-367-3088
Otter Supper Club & Lodge	218-367-2525
Wood Shed Bar & Restaurant	218-367-2810
Thimber Pond Lodge & Willy T's Restaurant	218-367-2000
Super 8	218-346-7888
Rattle Lake Inn & Suites	218-864-5208
GrandStay Hotel & Suites, Perham	218-346-2033
Williams Store, Ottertail (food)	218-367-3340

Directions: Ottertail, MN is located 12 miles south of Perham, MN on Hwy 78, then 1 mile east on Hwy 108.
Look for BIG tent across from the water tower. For more information call 218-639-2760 or e-mail mammonson@arvig.net

**Large
Wood
Dance Floor!**

2023 - 2024

LIONS 5M9 YOUTH OUTREACH SCHOLARSHIP APPLICATION

The Youth Outreach Committee of Lions District 5M9 is offering up to \$12,000.00 in college scholarships. The scholarships will be for the 2023-2024 school year.

To be eligible to apply for a scholarship a student: 1. Must be in the last year of an accredited 2-year program, final two years of a degreed college program, or final year of obtaining a graduate degree that leads toward a career which involves directly working with youth. 2. Have a major in a program which leads to a career in working with youth. 3. Have graduated from a high school that is within District 5M9 or their home is in District 5M9. The student can only receive this scholarship one time.

The Youth Outreach co-chairpersons of District 5M9 shall do the final selecting and awarding of scholarships.

Required scholarship application enclosures:

1. A transcript of your college grades for all the years you have attended college.
2. Two letters of recommendation. One should be from your college; an instructor or an adviser and the second letter from a member of your community or a Lions Club member.
3. Recent photograph; to be used for the awards ceremony if you are selected.
4. Completed scholarship application including the essay.

Criteria used to select recipients:

1. College GPA
2. Involvement in college and outside activities
3. The two letters of recommendation
4. The essay portion of the application

All letters and submissions must be in print form. No hand-written documents will be accepted.

Any questions: Contact one of the following:

Lion Mike Kern
15545 Big Buck Drive
Menahga, MN 56464
218 849-4577
mjk20030@yahoo.com

Lion Evie Ladd
48372 Great River Road
Palisade, MN. 56469
218-845-2932
evieladd.5@gmail.com

APPLICATION DEADLINE IS **NOVEMBER 15, 2023. THE COMPLETED APPLICATION AND ALL SUPPORTING MATERIALS SHOULD BE MAILED OR EMAILED TO: MIKE KERN AT ABOVE ADDRESS.**

The application is also available in a fillable form at www.lionsof5M9.org
Look for the Youth Outreach logo or click on "Forms" on the left side.

Participation in high school and college

- [illegible]

b. List community activities/organizations in which you have been active, including recognitions, awards, etc. which you have received beginning with high school. A separate page may be attached if needed.

ACTIVITY	DATES	LEVEL OF INVOLVEMENT
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Work experiences both out of school and while in school.

Employer	Date of employment	Duties
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Essay: Describe your career goals in a youth related occupation which will utilize the knowledge and skills acquired from your major. (Describe in essay form with a minimum of 250 typed words on an attached page).

The information in this application is true and factual.

Signed _____ Date _____



**District Wide 5M9 Hunger Service Project Saturday,
September 9, 2023
SIGN UP PORTAL IS OPEN**



The volunteer SIGN-UP portal is NOW open! Are you ready to sign up? If so, click here:

<https://www.signupgenius.com/go/5M9DistrictWidePackToEndHunger>

On September 9, 2023, Lions members from District 5M9 will be coming together to pack 130,000+ meals that will ultimately be distributed to communities within 5M9. This is a district wide event. We are hoping to have all 64 clubs within 5M9 participate.

Those clubs that sign up to participate will also be bringing the packed meals BACK TO THEIR communities for distribution.

As Lions, we know that HUNGER is a global cause for our service organization. This meal packing event allows us, as Lions, to have direct impact on food insecurity right in the communities that we live.

We will pack the food – we will distribute the food. Our communities will be receiving the food.

The volunteer SIGN-UP portal is NOW open.

<https://www.signupgenius.com/go/5M9DistrictWidePackToEndHunger>

There are 3 shifts available to choose from: 9 am – 10 am; 10 am – 11 am; 11 am – 12 pm

The event will be held in Nisswa, MN. (~12 miles north of Brainerd).

We need over 300 Lion volunteers to make this event a SUCCESS. Lions and immediate family members are invited to sign up.

The meal packing will take place at the Nisswa Community Center. We will also be having a pancake breakfast that morning, provided by the Nisswa Fire Department. All ages are welcome at the pancake breakfast; but:

Volunteers must be 12 years old+ to participate in the meal packing event.

For those that have kids under 12 years of age, there is a great playground right next to the Community Center in the Nisswa Park.

How can your club support this event?

1. Participate – sign up – gather your volunteers. (follow the link above to sign up)

2. Make a financial contribution.

- a. This event is made possible by a \$25,000 LCIF grant that our district received. To date, we've also received donations from the following clubs: Baxter, Backus, Nisswa, and from our District Governor Scott Rolfe.

We are still accepting financial donations for this event – **the more money we gather, the more meals we can pack.**

Our partner for this event is The Outreach Program of Brainerd Lakes. Outreach BLA is a humanitarian food aid organization. Donations may be made directly to Outreach BLA.

- i. The Outreach Program of Brainerd Lakes is a registered 501c3

1. FED Tax ID # 45-4530238

2. To make a donation by mail:

- a. Outreach Program BLA, 24489 Hazelwood Drive, Nisswa Mn 56468

3. You can make a donation online: www.outreachprogramBLA.org you may also make a personal donation

***TOGETHER – we can help lessen the burden of food insecurity for our neighbors.
We look forward to SERVING with you at the DISTRICT 5M9 HUNGER EVENT.***

Questions? Contact Tina Foster, Community Coordinator for The Outreach Program of Brainerd Lakes (tina@outreachprogramBLA.org) OR Lion Denise Laudenbach (deniselaudenbach@yahoo.com)



2024 Mid-Winter Convention

"Summer Fun in the Winter Sun"

It's not too early to get your reservations in for this year's convention. Registration for the Convention is only \$85.00/person. \$75.00 if you are a first Timer. Mail or call today to get your spot reserved for a fun-filled, educational weekend with Lions from all over the district and beyond.

To make a room reservation at the Shooting Star Hotel call 1-800-453-7827 and use the confirmation code #13658. Room rates are Thursday night \$70.00+tax, Friday & Saturday Night \$85.00+tax and Sunday Night \$70.00+tax.

Register your team for the "Corn Hole Tournament". \$20.00 a team. 1st place team will win a Corn Hole board set. 2nd place will receive trophies and your entry fee will be reimbursed, 3rd place will get trophies and 4th place will get trophies.

After the tournament is over, we will auction off the boards with the proceeds going to the project that sponsored the board.

1st Place

Auction

Auction

Auction

Trophies



We hope to see you at the Zone Fairs this fall or if you would like to have us come and talk to your club to tell you all about the fun and educational things we are going to do and have for you. Please call us at the numbers below or email us. We would love to come to your club and talk about the 2024 5M9 Mid-Winter Convention.

The convention is an excellent way to reconnect with old friends, make new friends and learn about all of the excellent programs and projects that 5M9 supports.

Next month we will be introducing the International Director who will be our special guest.

We would like to see every club in 5M9 have some sort of ad in the convention book. Pricing starts at \$25.00 for a business size ad, quarter page ad \$35.00, half page ad \$50.00 (Color-\$75.00), full Page ad \$100.00 (Color \$125.00). Please Contact Lions Jay Norby 218-298-1031, jnorbs@arvig.net or Jake Jacoby 612-747-9894, rpiacoby@comcast.net for more information.

We hope to see you at the 2024 5M9 Mid-Winter Convention.

Frequently asked questions about Phishing

How do you identify phishing scams?

The primary goal of any phishing scam is to steal sensitive information and credentials. Be wary of any message (by phone, email, or text) that asks for sensitive data or asks you to prove your identity.



Attackers work hard to imitate familiar entities and will use the same logos, designs, and interfaces as brands or individuals you are already familiar with. Stay vigilant and don't click a link or open an attachment unless you are certain the message is legitimate.

Here are some tips for recognizing a phishing email:

Urgent threats or calls to action (for example: "Open immediately").

New or infrequent senders—anyone emailing you for the first time.

Poor spelling and grammar (often due to awkward foreign translations).

Suspicious links or attachments—hyperlinked text revealing links from a different IP address or domain.

Subtle misspellings (for example, "micros0ft.com" or "ricrosoft.com")

How do you report a phishing attack?

If you receive a suspicious message in your Microsoft Outlook inbox, choose Report message from the ribbon, and then select Phishing. This is the fastest way to remove the message from your inbox. In Outlook.com, select the check box next to the suspicious message in your inbox, select the arrow next to Junk, and then select Phishing.

If you've lost money or been the victim of identity theft, report it to local law enforcement and get in touch with the Federal Trade Commission. They have an entire website dedicated to resolving issues of this nature.

Does phishing only occur with emails?

No. While phishing is most common over email, phishers also use phone calls, text messages, and even web searches to obtain sensitive information.

What is the difference between spam and phishing?

Spam emails are unsolicited junk messages with irrelevant or commercial content. They may advertise quick money schemes, illegal offers, or fake discounts.

Phishing is a more targeted (and usually better disguised) attempt to obtain sensitive data by duping victims into voluntarily giving up account information and credentials.

The dangers of phishing emails

A successful phishing attack can have serious consequences. This might look like stolen money, fraudulent charges on credit cards, lost access to photos, videos, and files—even cyber-criminals impersonating you and putting others at risk.

At work, risks to your employer could include loss of corporate funds, exposure of customers' and coworkers' personal information, sensitive files being stolen or being made inaccessible, not to mention damage to your company's reputation. In many cases, the damage can be irreparable.

Fortunately, there are many solutions for protecting against phishing—both at home and at work.

Quick tips for avoiding phishing

Don't trust display names

Check the sender's email address before opening a message—the display name might be a fake.

Check for typos

Spelling mistakes and poor grammar are typical in phishing emails. If something looks off, flag it.

Look before clicking

Hover over hyperlinks in genuine-sounding content to inspect the link address.

Read the salutation

If the email is addressed to “Valued Customer” instead of to you, be wary. It's likely fraudulent.

Review the signature

Check for contact information in the email footer. Legitimate senders always include them.

Beware of threats

Fear-based phrases like “Your account has been suspended” are prevalent in phishing emails.





5M9 District Governor
Linda Albrecht-Norby
Club Visit Form



Club Name: _____

Club Location: _____

Address: _____

Dates for Club Visits: 1st Choice _____

2nd Choice _____

What time does your club meeting begin? _____

What time does your social hour start? _____

Do you have a Board Meeting? Yes _____ No _____

Would you like the DG to attend the Board Meeting? Yes _____ No _____

Are there other Lions Clubs or Leo Clubs involved for the DG Visit? Yes _____ No _____

Please List other Clubs: _____

Will you have a meal? Yes _____ No _____

Lion, or Leo requesting the Governor's visit: _____

Contact telephone # _____ Email address _____

Will the Governor be expected to install officers? Yes _____ No _____

If yes, please send names of new officers. If inducting new members, please have the LCI New Member Kit with Pin and signed Certificate.

Will the Governor be expected to give out awards to club members? Yes _____ No _____

If yes, please send information stating the awards and the names of those receiving the awards. Please have awards, certificates, pins, or changes in installation or inductee ceremony available when I arrive for the Governor's visit. I am looking forward to coming to visit with your club!!

Please Mail To:

District Governor Linda Albrecht-Norby, 1021 5 th Avenue NW, Perham, Mn. 56573

Email: pdglinda@gmail.com Phone: Cell: 218-298-4743 Home: 218-346-3200

How to submit an article

Please submit material for these sections. by the 15th of each month for the following months newsletter.

I would like to publish your most recent community service and your upcoming fundraisers, in which Lions from other clubs could, perhaps, participate.

Submit pictures, flyers or text. In photos please put names of who is in it. When possible, send photos in jpeg format and articles as a pdf. Use of word document is also acceptable.

Contact me for assistance or with questions

Submit to: 5m9newsletter@gmail.com

Sue Stebbins editor

Ctrl and click to get to the link

Lions Clubs International: [Lions Clubs International](#)

Multiple District 5M (MD5M): [MD5M Website](#)

Lions MD5M Hearing Foundation:

[MD5M Hearing Foundation](#)

Minnesota Lions Diabetes Foundation:

[MN Lions Diabetes Foundation](#)

Minnesota Lions Vision Foundation:

[MN Lions Vision Foundation](#)

Leader Dogs for the Blind: [Leader Dogs](#)

MN Lions Childhood Cancer Foundation:

[MN Lions Childhood Cancer Foundation](#)

Lions MD5M KidSight Foundation:

[MD5M KidSight Foundation](#)

Can Do Canines: [Can Do Canines](#)

Lions Gift of Sight: [Lions Gift of Sight](#)

Project New Hope: [Project New Hope MN](#)

Special Olympics: [Special Olympics MN](#)

5M9 Service Journal



This publication is of, by, and for the Lions, & Leos of District 5M-9

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